Contribution of the sympathetic hormone epinephrine to the sensitizing effect of ethanol on LPS-induced liver damage in mice

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von Montfort C, Beier JI, Guo L, Kaiser JP, Arteel GE. Contribution of the sympathetic hormone epinephrine to the sensitizing effect of ethanol on LPS-induced liver damage in mice. Am J Physiol Gastrointest Liver Physiol 294: G1227–G1234, 2008. First published March 6, 2008; doi:10.1152/ajpgi.00050.2008.—It is well known that ethanol preexposure sensitizes the liver to LPS hepatotoxicity. The mechanisms by which ethanol enhances LPS-induced liver injury are not completely elucidated but are known to involve an enhanced inflammatory response. Ethanol exposure also increases the metabolic rate of the liver, and this effect of ethanol on liver is mediated, at least in part, by the sympathetic hormone, epinephrine. However, whether or not the sympathetic nervous system also contributes to the sensitizing effect of ethanol preexposure on LPS-induced liver damage has not been determined. The purpose of this study was therefore to test the hypotheses that 1) epinephrine preexposure enhances LPS-induced liver damage (comparable to that of ethanol preexposure) and that 2) the sympathetic nervous system contributes to the sensitizing effect of ethanol. Accordingly, male C57BL/6J mice were administered epinephrine for 5 days (2 mg/kg per day) via osmotic pumps or bolus ethanol for 3 days (6 g/kg per day) by gavage. Twenty-four hours later, mice were injected with LPS (10 mg/kg ip). Both epinephrine and ethanol preexposure exacerbated LPS-induced liver damage and inflammation. Concomitant administration of propranolol with ethanol significantly attenuated the sensitizing effect of ethanol on LPS-induced liver damage. These data support the hypothesis that the sympathetic nervous system contributes, at least in part, to the mechanism of the sensitizing effect of ethanol. These results also suggest that sympathetic tone may contribute to the initiation and progression of alcoholic liver disease.

It is now well understood that stimuli before an inflammatory insult can alter the response of liver to that second insult. For example, some preexposures protect liver against inflammatory liver injury (e.g., ischemic preconditioning) (27). Conversely, hepatic steatosis exacerbates inflammatory liver injury caused by a second hit, such as LPS (30). There are also preexposures that both blunt and enhance hepatotoxicity owing to a second insult, depending on the amount of time that passes between these two events. For example, bolus ethanol administered within a few hours before LPS injection has been shown to protect liver from LPS-induced hepatotoxicity in rats and mice (11, 20). In contrast, the same bolus dose of ethanol enhances liver damage if administered 24 h before LPS (i.e., “priming”) (11). Although the mechanisms of this temporal pleiotropism of ethanol on liver injury owing to LPS are not completely elucidated, they appear to involve, at least in part, alterations of the macrophage-mediated response to LPS (10, 13, 14).

Another important component in the host response to LPS-induced stress is the sympathetic nervous system. For example, sympathetic hormones protect the host against vasoactive shock induced by severe sepsis/endotoxemia (19). In addition to systemic protection against LPS, adrenergic stimulation has also been shown to negatively regulate inflammation via increasing IL-10 and decreasing TNF-α production (7, 18). There is evidence suggesting that ethanol and the sympathetic nervous system interact with and partially mimic each other. For example, acute alcohol intoxication increases plasma levels of adrenaline and noradrenaline (15). Furthermore, ethanol causes a hypermetabolic state in liver that is abolished by adrenalectomy or by adrenoceptor blockade (5, 31). Repeated administration of ethanol to rats has also been shown to increase plasma catecholamines and gene expression of enzymes for catecholamine synthesis in the adrenal medulla (23).

Although these links between the metabolic effects of ethanol and epinephrine are known, whether or not epinephrine contributes to the sensitizing effect of ethanol preexposure to LPS has not been studied. In contrast, most studies have focused on the effects of epinephrine during concomitant exposure to LPS and not with epinephrine preexposure (7, 18). The latter paradigm has clinical relevance in sepsis/endotoxemia after a stressful event that stimulates the sympathetic nervous system. In the present study, it was hypothesized that 1) preexposure to epinephrine, similar to ethanol, will enhance endotoxin-induced inflammation and that 2) the sympathetic nervous system contributes to the sensitizing effect of ethanol. These hypotheses were tested in a mouse model of bolus LPS-induced liver injury.

MATERIALS AND METHODS

Animals and treatments. Male C57BL/6J mice (4–6 wk) were purchased from Jackson Laboratory (Bar Harbor, ME). Mice were housed in a pathogen-free barrier facility accredited by the Association for Assessment and Accreditation of Laboratory Animal Care, and procedures were approved by the University of Louisville Institutional Animal Care and Use Committee. Food and tap water were ad libitum. Doses of drugs/toxins administered are all based on published studies (32) and were validated by pilot experiments in this laboratory. Mice were administered epinephrine (2 mg/kg per day sc, in saline) via an osmotic pump (Alzet, Cupertino, CA) surgically implanted in the dorsal area of the mice. The control group underwent sham surgery. Owing to the very short half-life of epinephrine, the hormone was infused instead of injected to maintain a low-grade elevated

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plasma level over a prolonged period, which better mimics the effect of ethanol (15). Another group of mice was administered bolus ethanol (6 g/kg per day iv) or isocaloric maltose/dextrin for 3 days. Additionally, some mice received either (S)-(-)-propranolol (30 mg/kg per day iv; Sigma-Aldrich, St. Louis, MO) or vehicle (acidified saline) 30 min before every ethanol gavage. Five days after pump implantation or 24 h after the last gavage of ethanol, mice were injected with a bolus dose of LPS (10 mg/kg ip) or vehicle (saline). All concentrations were based on literature. Later (1, 8, and 24 h) after LPS exposure, mice were anesthetized by injection of a ketamine HCl/xylazine solution (100/15 mg/kg im, Sigma-Aldrich). Blood was collected from the vena cava just before euthanasia by exsanguination, and citrated plasma was stored at −80°C for further analysis. Portions of liver tissue were frozen immediately in liquid nitrogen, whereas others were fixed in 10% neutral buffered formalin or frozen-fixed for subsequent sectioning and mounting on microscope slides.

Clinical analyses and histology. Plasma levels of aminotransferases were determined using standardized kits (ThermoTrace, Melbourne, Australia). Paraffin sections of liver (5-μm) were stained with hematoxylin and eosin (H+E). Neutrophil accumulation in the livers was assessed by staining tissue sections for chloroacetate esterase, a marker for neutrophils, using the naphtho AS-D chloroacetate esterase kit (Sigma) (12). Apoptosis was assessed by TdT-mediated dUTP nick-end labeling (TUNEL) employing a commercially available kit (Chemicon, Temecula, CA). TUNEL-positive nuclei and chloroacetate esterase staining (CAE)-positive cells were quantitated by counting (per 1,000 hepatocytes) in randomly selected fields (>400 final magnification). Pathology was scored in a blinded manner by a trained pathologist by counting the number of necrotic or inflammatory foci in a low power (<40X) field; the maximal score was 4.

RNA isolation and real-time RT-PCR. Total RNA was extracted from liver tissue samples by a guanidium thiocyanate-based method (Tel-Test, Austin, TX). RNA concentrations were determined spectrophotometrically, and 1 μg total RNA was reverse transcribed using an apical membrane reverse transcriptase kit (Promega, Madison, WI) and random primers. Polymerase chain reaction was carried out as described previously (3). Primers were either designed using Primer 3 (Whitehead Institute for Biomedical Research, Cambridge, MA; see Table 1) or purchased from Applied Biosystems (Foster City, CA; suppressor of cytokine signaling (SOCS-1), SOCS-3, IL-10 and IL-6; Table 1). The comparative cycle threshold method was used to determine fold differences between samples, and the purity of PCR products was verified by gel electrophoresis.

Immunoblot. Frozen liver samples were homogenized in radiomunoprecipitation assay buffer [20 mM MOPS (pH 7.0), 150 mM NaCl, 1 mM EDTA, 1% (vol/vol) Nonidet P-40, 1% (wt/vol) sodium deoxycholate, and 0.1% (wt/vol) SDS] containing protease, tyrosine phosphatase, and serine-threonine phosphatase inhibitor cocktails (Sigma). Protein concentrations were determined with the DC Protein Assay (Bio-Rad, Hercules, CA); appropriate amounts of total protein were mixed with 2X SDS sample loading buffer [125 mM Tris, 4% (wt/vol) glycine, 0.2% (wt/vol) bromophenol blue, and 10 mM DTT] and incubated at 95°C for 5 min. Samples were then loaded onto SDS-polyacrylamide gels containing 10% (wt/vol) acrylamide, followed by electrophoresis and Western blotting onto PVDF membranes (Amersham, Piscataway, NJ). Primary antibodies against phosphorylated and total JNK (Cell Signaling, Danvers, MA) were used. Horseradish peroxidase-coupled secondary antibodies and chemiluminescence detection reagents were from Pierce (Rockford, IL). The signals were detected employing Hyperfilm enhanced chemiluminescence (Amersham). Quantification was performed with Scion Image analysis software (Scion, Frederick, MD).

Myeloperoxidase activity assay. Mouse liver pieces were weighed and homogenized in 0.1 M potassium phosphate buffer, pH 6.0. Homogenates were centrifuged at 30,000 g for 60 min at 4°C. The resulting pellet was suspended in phosphate buffer containing 0.5% hexadecltrimylamonium bromide. Colorimetric assessment of enzyme activity was carried out employing a reaction buffer composed of 1.6 mM 3,3′,5,5′-tetramethylbenzidine and 0.1 M potassium phosphate buffer (pH 6.0) containing 0.1% DMSO and 3 mM hydrogen peroxide. Results were calibrated to purified myeloperoxidase (Sigma) and normalized to weight.

Statistical analyses. Results are reported as means ± SE (n = 4–6). ANOVA with Bonferroni’s post hoc test, or Mann-Whitney Rank Sum test were used for the determination of statistical significance among treatment groups, as appropriate. A P value <0.05 was selected before the study as the level of significance.

RESULTS

Epinephrine enhances LPS-induced liver damage similar to ethanol. The effect of epinephrine and ethanol preexposure on LPS-induced liver damage was assessed by H+E (Fig. 1; for pathology scores see Fig. 3) and (Fig. 2). Hepatic histology was normal in animals in the absence of epinephrine and LPS (Figs. 1 and 2, top, left, respectively; Fig. 3). Infusion of epinephrine for 5 days (in the absence of LPS injection) caused no dramatic changes in hepatic histology compared with controls (Fig. 3). As expected, injection of LPS caused mild inflammation (Figs. 1 and 2, middle left; Fig. 3, middle); in contrast, infusion with epinephrine dramatically enhanced liver damage caused by LPS with some necroinflammatory foci and enhanced neutrophil infiltration (Figs. 1 and 2, bottom, left; Fig. 3). No differences in parameters of liver damage were observed between chow-fed and maltose/dextrin-fed mice (e.g., AST ~45 in controls and ~110, 24 h after LPS injection); data with chow-fed mice are thus shown to represent both groups (Figs. 1–6). Administration of ethanol dramatically enhanced LPS-induced liver damage (Fig. 1 and 2, top, right; Fig. 3), and this was blunted by propranolol (Figs. 1 and 2, middle, right; Fig. 3).

The above described effects of epinephrine and ethanol on hepatic injury caused by LPS were also reflected by plasma activity of transaminases (Fig. 1, bottom, right). Epinephrine infusion alone for 5 days did not significantly increase plasma AST levels compared with control animals. LPS alone progressively increased plasma transaminases, peaking 24 h after injection with values approximately twofold greater than control. Preexposure to epinephrine significantly enhanced the increase in AST caused by LPS by a factor of ~4. Preexposure to ethanol enhanced LPS-induced increase in AST by a factor

| Table 1. Primers and probes used for real-time RT-PCR detection of expression |
|---------------------------------|---------------------------------|---------------------------------|
| **Forward (3′-5′)**            | **Reverse (3′-5′)**             | **Probe (3′-5′)**               |
| PAI-1                           | CTCGCCGCTCGACCAAGATAT          | AGGGCATGCGCAACTTCCCTCC          |
| TNF-α                           | CTTCTTCTCCAAATTTCCAGTGCAG     | GCTCCCTTGCGTTGGTTGCTCC          |
| β-actin                         | GCGTCCCGACGACACCAGTA          | AACCAACGATGCAACACAGA           |

PAI-1, plasminogen activator inhibitor 1.
of ~6, and administration of propranolol blunted the enhancing effect of ethanol. The increase in number of CAE-positive cells (Fig. 3, bottom) caused by LPS was significantly increased both by epinephrine and ethanol, and the effect of ethanol was blunted by propranolol. The infiltration of neutrophils was both sinusoidal and parenchymal with a ratio of ~2 to 1. The increase in hepatic myeloperoxidase activity caused by LPS was enhanced to a similar extent as CAE-positive cells (Fig. 2, bottom, right).

**Induction of TNF-α, IL-6, and PAI-1 after LPS exposure; effect of epinephrine preexposure.** As mentioned above, concomitant administration of epinephrine and LPS is known to reduce the proinflammatory response caused by LPS (7, 18). In contrast, the results shown here indicate that epinephrine exposure before LPS enhanced inflammatory liver damage (Figs. 2 and 3). The effect of LPS and epinephrine on the expression of key proinflammatory genes [TNF-α, IL-6, and plasminogen activator inhibitor 1 (PAI-1)] was therefore analyzed by real-time RT-PCR 1, 8, and 24 h after LPS injection (Fig. 4, left).

The time points were selected by preliminary studies to represent early (1 h), intermediate (8 h), and late (24 h) induction responses to LPS. LPS alone stimulated the expression of all three genes as early as 1 h after injection; the expression of TNF-α and IL-6 decreased progressively after this time point, whereas the expression of PAI-1 continued to increase, peaking 8 h after injection. Although epinephrine pretreatment alone did not significantly affect the expression of any of these genes, it significantly enhanced the increase in expression of all three genes caused by LPS but with different patterns. Specifically, the induction of PAI-1 (Fig. 4, bottom, left) caused by LPS was already significantly enhanced greater than twofold by epinephrine already at the 1-h time point but not after 8 h. Whereas the peak expression of TNF-α (top, left) and IL-6 (middle, left) 1 h after LPS was not enhanced by epinephrine preexposure, the levels of these genes were significantly elevated compared with LPS alone at the 8-h time point. Twenty-four hours after LPS injection, all three mRNA levels were returning to basal levels with no signif-
significant difference between the LPS and the epinephrine/LPS groups.

**Induction of IL-10, SOCS-1, and SOCS-3 after epinephrine combined with LPS exposure.** Enhancement of inflammation caused by LPS may be mediated not only by increasing the production of proinflammatory cytokines (Fig. 4, left), but also by impairing the expression of anti-inflammatory genes (25). The effect of epinephrine preexposure on the induction of key anti-inflammatory genes (IL-10, SOCS-1, and SOCS-3) in liver was therefore determined (Fig. 4, right). Epinephrine infusion alone had no significant effect on the expression of any of these genes compared with sham-treated controls. Injection of LPS caused an increase in all three parameters. The expressions of IL-10 and SOCS-3 were maximally induced by LPS 1 h after injection, whereas the induction of SOCS-1 peaked 8 h after LPS. Epinephrine enhanced the increase in expression of all three genes. Specifically, the induction of SOCS-1 expression caused by LPS was significantly enhanced by epinephrine 1 h after injection approximately fourfold but had no significant effect at later time points. In contrast, the increase in expression of IL-10 and SOCS-3 was enhanced 8 h after LPS. There was no significant effect of epinephrine on the induction of any of these genes 24 h after LPS injection.

**Reduced JNK activation by LPS after epinephrine preexposure.** LPS is known to not only induce alterations in gene expression, but also to effect protein modification by phosphorylation. It was shown that LPS induces phosphorylation of several MAPKs. Previously Koteish et al. (16) demonstrated that JNK phosphorylation is impaired in a model of sensitization to LPS caused by ethanol. Here, a similar sensitizing effect of epinephrine preexposure on LPS-induced liver injury was observed. Therefore, the effect of LPS and epinephrine on the phosphorylation status of several MAPKs was determined by Western blot analysis. Whereas epinephrine did not affect LPS-induced ERK1/2 signaling, it blunted LPS-induced JNK activation (Fig. 5), analogous to previous findings with ethanol (16). Epinephrine administration alone did not alter JNK phosphorylation compared with sham-treated controls. LPS increased phosphorylation of JNK 1 h after injection; this effect was significantly impaired by epinephrine preexposure by
The phosphorylation status of JNK was similar between all groups 8 h after LPS injection. Since a similar effect on JNK phosphorylation was observed here with epinephrine preexposure (Fig. 5), the effect of epinephrine and LPS on an index of apoptosis (TUNEL staining) was therefore determined. Figure 6 shows photomicrographs of TUNEL staining and image analysis. Epinephrine infusion alone did not increase TUNEL-positive cells. LPS injection caused a robust increase in the number of TUNEL-positive cells. Despite increasing plasma AST values (Fig. 1), epinephrine preexposure blunted the increase in TUNEL-positive cells caused by LPS by approximately twofold, analogous to previous findings with ethanol (16).

**DISCUSSION**

Salient points of the work shown here are that preexposure to epinephrine enhanced liver damage caused by LPS, analogous to those of ethanol preexposure. Furthermore, this sensitization by epinephrine shares similar effects (i.e., decreased JNK activation, decreased apoptosis, and increased necrosis) to that of ethanol preexposure (16). Lastly, sensitization to LPS-induced liver injury caused by ethanol could be blunted with the β-blocker propranolol. The increase in damage caused by epinephrine under these conditions is also characterized by a more robust inflammatory response. Previous studies have demonstrated a similar effect of the sympathetic nervous system in enhancing hepatic fibrogenesis (e.g., Ref. 21), suggesting that sympathetic tone may modulate many aspects of liver disease.

As mentioned above, previous studies have shown that epinephrine administration protects liver and liver cells against concomitant LPS stimulation (7, 18). However, whether or not epinephrine preexposure will enhance LPS-induced liver damage (as was shown here) has not been determined. These results suggest that the modulation of inflammation caused by epinephrine may depend on whether or not the stimulus is concomitant (protective) or prior (damaging) to the inflammatory stimulus. As mentioned before, other compounds can both tolerize and prime the hepatic inflammatory response, depending on the separation between the two exposures. For example, concomitant ethanol exposure protects against LPS-induced liver damage, whereas preexposure enhances the damaging effect of LPS (see also Figs. 1–3) (8). The mechanisms by which ethanol mediates these effects are not completely understood.

It has been known for over 50 years that acute ethanol rapidly increases plasma catecholamine levels (15); in mice this effect peaks within 1 h of ethanol exposure (33). Yuki and Thurman (32) first described an acute hypermetabolic state (swift increase in alcohol metabolism (SIAM)) in the perfused liver after in vivo exposure to alcohol. This hypermetabolic state is characterized by increases in ethanol metabolism, oxygen extraction, and hepatic hypoxia (1, 32). Subsequent studies by that group demonstrated that the SIAM could be mimicked by catecholamines and could be inhibited by propranolol (31), indicating a role of the sympathetic nervous system in this process. Importantly, doses of ethanol that cause this acute hypermetabolic state also sensitize liver to LPS injected >20 h after ethanol exposure (e.g., Ref. 8). Although it is not known whether or not SIAM plays a causal role in the sensitization to LPS caused by ethanol, previous studies have
shown that drugs that protect against SIAM (24) also protect against the enhancement of LPS-induced liver damage caused by ethanol (9). It was shown here that propranolol prevents sensitization to LPS caused by ethanol if the \( \beta \)-blocker is given concomitantly with ethanol (Figs. 1 and 2), analogous to the regimen required to prevent SIAM (31).

Propranolol belongs to the group of nonselective \( \beta \)-blockers, which inhibits both \( \beta_1 \)- and \( \beta_2 \)-signaling. Thus the obtained results do not clarify whether the observed effect of propranolol under these conditions is mediated via \( \beta_1 \) or \( \beta_2 \) adrenoceptors. Propranolol also causes vasodilation, which in principle may indirectly mediate some of the protection observed with this drug under these conditions. Last, the bioavailability of propranolol is strongly regulated by the liver, and hepatic impairment due to ethanol/LPS-induced liver damage might increase the relative concentration and therefore further enhance the beneficial effects of the \( \beta \)-blocker. Nevertheless, these data support a role of the acute surge of catecholamines in the sensitizing effect of ethanol to LPS. These data also indirectly lend support to the hypothesis that SIAM contributes to this sensitizing effect of ethanol.

The sensitization of the liver to a second “hit” (such as LPS) either implicates exacerbation of the proinflammatory response or an inhibition of the anti-inflammatory response. Although mRNA expression of proinflammatory genes such as TNF-\( \alpha \), IL-6, and PAI-1 (Fig. 4) was enhanced, this effect was moderate (i.e., changes in expression approximately twofold) and was maximal 8 h after LPS injection, which is relatively late in the response to LPS. In contrast, previous studies in other models have shown a much earlier and more robust effect on the production of proinflammatory cytokines [e.g., in ob/ob mice exposed to LPS (30)]. This result is also in line with the observation that ERK phosphorylation, which is known to be induced by inflammatory cytokines, is only enhanced at the 8-h time point in this study (see Fig. 5). This activation could be mediated by an increase in SOCS1, which was recently shown to enhance MAPK phosphorylation via interaction with growth factor receptors (2, 29). The data shown here therefore suggest...
that, although epinephrine enhances inflammation caused by LPS, this effect is likely via an indirect mechanism (see below).

One possible mechanism by which inflammation could be indirectly increased by epinephrine/LPS is via increased necrotic cell death. Interestingly, the increase in necrosis (see also Fig. 3) observed here occurred in the absence of detectable increases in indices of apoptosis (e.g., Fig. 6); indeed, the amount of detectable apoptotic cells caused by LPS actually decreased with epinephrine preexposure. The inhibition of apoptosis under these conditions may be mediated by impairment of proapoptotic signaling cascades caused by epinephrine. Specifically, the activation of JNK caused by LPS was almost completely blunted by epinephrine preexposure under these conditions (see Fig. 4). JNK activation is a key mediator of apoptotic cell death in many cell types, including liver (17, 28). The previous results are in line with a study of Koteish et al. (16), in which ethanol preexposure blunted LPS-induced JNK phosphorylation together with a reduction in apoptosis.

In summary, the results here demonstrate that epinephrine preexposure enhances liver damage caused by LPS. Although infiltration of inflammatory cells is increased, this effect of epinephrine preexposure appears to be independent of robust increases in proinflammatory cytokine signaling but concurs with a likely secondary inflammatory response mediated by switch from apoptotic to necrotic cell death. These results support the hypothesis that sensitization to LPS caused by epinephrine shares similar mechanisms to those of ethanol. Indeed, it was demonstrated that sensitization to LPS caused by ethanol could be blunted with propranolol. Beyond ethanol, these results suggest that stressful events that increase cate-
choline release may enhance normal tissue damage caused by a subsequent inflammatory event (e.g., endotoxemia).

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