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APS Guide to Wine Appreciation
...or how to convince your friends that you know more about wine than you really do.
by Peter D. Wagner, MD, University of California-San Diego, La Jolla, California
(Paperback 52 pages, October 2007—Excerpts from the book are below)

Excerpts From The Book

CHAPTER 1: Preamble—general considerations

What’s a preamble? A bit like priming the pump, a pre-systolic accentuation in mitral stenosis perhaps. Fat Albert’s rocket-assisted takeoff (footnote: Fat Albert is the C-130 transport that supports the Blue Angels, and if you don’t know what a C-130 is or who the Blue Angels are, may your Dean have pity on your soul).

Point 1: Wine appreciation should be done in parallel, not in series.

Point 2: No matter what type of wine, no matter how good or bad it actually is, no matter how experienced a taster you may be (or think you may be), you must remember this (not the song): There are TWO parts to the appreciation of wines.

Point 3: Don’t be seduced by the label, or the price or (especially) the reputation of a particular wine.

Point 4: A closely parallel warning: Don’t be influenced by your fellow tasters, not even by me.

CHAPTER 2: The Process of Evaluation of a Wine—step by step

PART 1: Do you like the damn stuff or not?

PART 2: Why you like or hate the damn stuff. Science rules, sort of.

CHAPTER 3: The Most Common Grape and Wine Varieties—their features as wines

There are many styles of grapegrowing and winemaking that provide a wide array of attributes in the finished wine, even wines from the same grapes in adjacent regions. What follows describes the classical, expected, stereotypical features of each, especially as they apply to U.S. wines.

CHAPTER 4: The Conduct of a Wine-Tasting Session—how to run it

Remember, you do not need to know anything at all about wine or tasting to succeed here. All you need is courage, bravado, and a proficiency in public speaking (which you have all gotten anyway from years of teaching graduate and medical students).

Remember—the more forcefully you speak, the more enobabble you use, the more your reputation grows even if you are flat out wrong in everything you say. It’s not what you say, it’s how you say it.
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for the Editorship of

Physiological Genomics

Nominations are invited for the Editorship of the Physiological Genomics to succeed A. W. Cowley, Jr., who will complete his term as Editor on June 30, 2009. The Publications Committee plans to interview candidates in the Fall of 2008.

Applications should be received before August 15, 2008.

Nominations, accompanied by a curriculum vitae, should be sent to the Chair of the Publications Committee:

Kim E. Barrett, Ph.D.
9650 Rockville Pike
Bethesda, MD 20814-3991

CALL FOR NOMINATIONS

for the Editorship of

American Journal of Physiology-Gastrointestinal and Liver Physiology

Nominations are invited for the Editorship of the American Journal of Physiology-Gastrointestinal and Liver Physiology to succeed M. Montrose, who will complete his term as Editor on June 30, 2009. The Publications Committee plans to interview candidates in the Fall of 2008.

Applications should be received before August 15, 2008.

Nominations, accompanied by a curriculum vitae, should be sent to the Chair of the Publications Committee:

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American Journal of Physiology-Gastrointestinal and Liver Physiology

Scope of Journal
The American Journal of Physiology-Gastrointestinal and Liver Physiology reports the rapid changes taking place in gastrointestinal and liver research. Exciting new developments in the basic concepts of cell and organ function and new approaches in cell and molecular biology are reported while maintaining the traditional focus on physiology.

The journal’s broad scope includes comprehensive coverage of normal and abnormal functions of the gastrointestinal tract, liver, pancreas, gallbladder, and salivary glands. Special features include subject table of contents and theme articles featuring concise, insightful perspectives.

With so many rapid changes taking place in the field, a subscription to AJP-Gastrointestinal and Liver Physiology is a must for all serious researchers in this area.

Authors are required to submit papers online at www.apscentral.org.

A Few HOT Articles
Mechanism of action of cholecystokinin octapeptide on rat antrum, pylorus, and duodenum
U. Scheurer, L. Varga, E. Drack, H. R. Burki, F. Halter
Am. J. Physiol. Gastrointest. Liver Physiol.
Mar 01, 1983; 244: 266-272

Inflammation and Cancer I. Rodent models of infectious gastrointestinal and liver cancer
Arlin B. Rogers, James G. Fox
Am. J. Physiol. Gastrointest. Liver Physiol.
Mar 01, 2004; 286: 361-366

Inflammation and Cancer IV. Colorectal cancer in inflammatory bowel disease: the role of inflammation
Steven H. Itzkowitz, Xianyang Yio
Am. J. Physiol. Gastrointest. Liver Physiol.
Jul 01, 2004; 287: 7-17

Hormonal Regulation of Lipolysis in Adipose Tissue
Kathy Jaworski, Eszter Sarkadi-Nagy, Robin Duncan, Maryam Ahmadian, Hei Sook Sul
Am. J. Physiol. Gastrointest. Liver Physiol.
Jan 11, 2007; doi: 10.1152/ajpgi.00554.2006

TLRs in the Gut I. The role of TLRs/Nods in intestinal development and homeostasis
Ian R. Sanderson, W. Allan Walker
Am. J. Physiol. Gastrointest. Liver Physiol.
Jan 01, 2007; 292: 6-10

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### Past Themes

#### Role of NKT Cells in the Digestive System

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<td>Invariant NKT cells and liver diseases: is there strength in numbers?</td>
<td>M. N. Ajuebor</td>
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<td>Nov. 2007</td>
<td>NKT cells and diabetes</td>
<td>L. Wu and L. Van Kaer</td>
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<td>Jan. 2008</td>
<td>The role of canonical natural killer T cells in mucosal immunity and inflammation</td>
<td>G. Wingender and M. Kronenberg</td>
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#### Development and Physiological Regulation of Intestinal Lipid Absorption

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<td>Dietary lipid absorption, complex lipid synthesis, and the intracellular packaging and secretion of chylomicrons</td>
<td>C. M. Mansbach II and F. Gorelick</td>
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<td>Apr. 2008</td>
<td>Intestinal transporters and cholesterol absorption</td>
<td>D. Hui and P. Howles</td>
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#### Endocannabinoids and Liver Disease

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<td>Endocannabinoids and their receptors in the liver</td>
<td>A. Mallat and S. Lotersztajn</td>
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<td>Feb. 2008</td>
<td>Endocannabinoids in the pathogenesis and treatment of liver fibrosis</td>
<td>S. V. Siegmund and R. F. Schwabe</td>
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<td>Apr. 2008</td>
<td>Endocannabinoid effects on immune cells: implications for inflammatory liver disease</td>
<td>P. Pacher and B. Gao</td>
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<td>May 2008</td>
<td>Endocannabinoid involvement in obesity and hepatic steatosis</td>
<td>G. Kunos</td>
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### Current Themes

#### The Adventures of Sonic Hedgehog in Development and Repair

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<td>Feb. 2008</td>
<td>Hedgehog signaling in gastrointestinal development and disease</td>
<td>C. A. Parkin and P. W. Ingham</td>
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<td>Mar. 2008</td>
<td>Sonic hedgehog and liver development, inflammation, and cancer</td>
<td>A. Omenetti and A. M. E. Diehl</td>
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<td>Apr. 2008</td>
<td>Hedgehog processing and biological activity</td>
<td>S. F. Farzan, S. Singh, N. S. Schilling, and D. J. Robbins</td>
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<td>May 2008</td>
<td>Histamine induces secretion of sonic hedgehog across the apical membrane of polarized parietal cells</td>
<td>Y. Zavros</td>
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<td>Pancreatic stem cell and inflammation</td>
<td>D. M. Simeone</td>
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