PGC-1α overexpression results in increased hepatic fatty acid oxidation with reduced triacylglycerol accumulation and secretion

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Studies have shown that decreased mitochondrial content and function are associated with hepatic steatosis. We examined whether peroxisome proliferator-activated receptor-γ coactivator-1α (PGC-1α) overexpression and a subsequent increase in mitochondrial content and function in rat primary hepatocytes (in vitro) and Sprague-Dawley rats (in vivo) would comprehensively alter mitochondrial lipid metabolism, including complete (CO2) and incomplete (acid-soluble metabolites) fatty acid oxidation (FAO), tricarboxylic acid cycle flux, and triacylglycerol (TAG) storage and export. PGC-1α overexpression in primary hepatocytes produced an increase in markers of mitochondrial content and function (citrate synthase, mitochondrial DNA, and electron transport system complex proteins) and an increase in FAO, which was accompanied by reduced TAG storage and TAG secretion compared with control. Also, the PGC-1α-overexpressing hepatocytes were protected from excess TAG accumulation following overnight lipid treatment. PGC-1α overexpression in hepatocytes lowered expression of genes critical to VLDL assembly and secretion (apolipoprotein B and microsomal triglyceride transfer protein). Adenoviral transduction of rats with PGC-1α resulted in a liver-specific increase in PGC-1α expression and produced an in vivo liver phenotype of increased FAO via increased mitochondrial function that also resulted in reduced hepatic TAG storage and decreased plasma TAG levels. In conclusion, overexpression of hepatic PGC-1α and subsequent increases in FAO through elevated mitochondrial content and/or function result in reduced TAG storage and secretion in the in vitro and in vivo milieu.

Peroxisome proliferator-activated receptor-γ coactivator-1α; hepatocyte; mitochondria; steatosis

MITOCHONDRIAL DYSFUNCTION and decreased fatty acid oxidation (FAO) have been proposed as mechanisms for the accumulation of triacylglycerol (TAG) in the liver (steatosis) and as early physiological insults that precipitate the development of nonalcoholic fatty liver disease, a condition that plays a crucial role in the development of the metabolic syndrome and type 2 diabetes. Hepatic steatosis could develop through any combination of increased liver free fatty acid (FFA) uptake and storage as TAG, increased de novo lipogenesis, decreased FAO, and decreased secretion of TAG as VLDL. Evidence from our group and others suggests that elevated mitochondrial number and function increase FAO, which may play a protective role by reducing hepatic TAG accumulation (28, 31, 38, 40).

The mitochondrial dysfunction associated with hepatic steatosis is observed as a variety of pathophysiologies, including deterioration of redox balance, decreased oxidative phosphorylation, damaged and/or decreased mitochondrial DNA (mtDNA), activation of mitochondrial proapoptotic events, and altered FAO (21). Previous studies examining genetic defects in mitochondrial FAO have demonstrated exaggerated development of steatosis in rodents and humans (13, 29). Rodent models of obesity and decreased intrinsic aerobic capacity demonstrate decreased hepatic mitochondrial content and lower mitochondrial FAO capacity, which are associated with increased liver TAG accumulation and fibrosis (31, 40).

Peroxisome proliferator-activated receptor-γ coactivator-1α (PGC-1α) is a transcription cofactor that interacts with numerous transcription factors and has been shown to be a potent activator of mitochondrial biogenesis and FAO in skeletal muscle in response to increased physical activity (12). The investigation of PGC-1α in liver physiology has focused on the integration of nutritional and hormonal signals resulting in the fed-to-fasted transition, primarily in the control of hepatic gluconeogenesis (19). However, as it relates to metabolic disease, reduced PGC-1α expression has been observed in the liver of obese, sedentary subjects compared with lean controls (6). Furthermore, hepatic PGC-1α protein expression and transcriptional activation of mitochondrial biogenesis have been reported to be lower in a rodent model with hepatic steatosis (4). Alternatively, increased physical activity has been observed to increase PGC-1α expression in the liver of a wheel-running rodent model (18), and PGC-1α has been shown to play a key role in exercise-induced hepatic mitochondrial adaptations (11). Since exercise is known to lower hepatic TAG and reduce circulating TAG levels, the activation of PGC-1α may play a critical role in these responses. However, whether a targeted overexpression of hepatic PGC-1α and subsequent increased FAO through increases in mitochondrial content and function can reduce TAG accumulation and secretion remains unknown.

In this study, we comprehensively investigate the effect of PGC-1α overexpression and associated increases in mitochondrial content and/or function on FAO, TAG storage, and TAG export in primary hepatocytes (in vitro) and liver (in vivo) of Sprague-Dawley rats. Initially, primary hepatocytes were util-
lized, so that hepatocyte-specific changes in FAO and lipid metabolism could be studied in isolation from peripheral factors (i.e., insulin, glucagon, and circulating lipids) known to influence liver metabolism and PGC-1α expression and activation in vivo. We then overexpressed PGC-1α in vivo to confirm the in vitro observations. We also examined changes in genes [apolipoprotein B (apoB) and microsomal triglyceride transfer protein (mtp)] that play a key role in triglyceride export. We hypothesized that overexpression of PGC-1α in primary hepatocytes and liver reduces TAG accumulation and export due to greater FAO from increased mitochondrial content and/or function.

**MATERIALS AND METHODS**

**Animals.** Male Sprague-Dawley rats (Charles River, Wilmington, MA) were used at 8–10 wk of age for cell culture experiments and at 12–14 wk of age for adenoviral transduction experiments. Purina standard rat chow and water were provided ad libitum, and the animals were kept on a 12:12-h light-dark cycle. The animal protocols were approved by the Institutional Animal Care and Use Committee at the University of Missouri and the Subcommittee for Animal Safety at the Harry S. Truman Memorial Veterans Affairs Hospital.

**Hepatocyte isolation, culture, viral transduction, and lipid treatment.** Hepatocytes from 8- to 10-wk-old male Sprague-Dawley rats were isolated by the two-step collagenase perfusion method, as previously described with minor changes (10). Animals were fasted overnight and anesthetized with pentobarbital sodium (75 mg/kg). The hepatic portal vein was cannulated, and heparin was injected (1 U/g body wt). Infusion of EGTA perfusion solution [HBSS without Ca2+ and Mg2+ (Invitrogen), 15 mM HEPES, 100 U/mL penicillin-100 μg/mL streptomycin, and 0.5 mM EGTA, pH 7.2] was initiated, and the abdominal vena cava was transected. Once the liver was blanched, collagenase infusion was begun (HBSS [Invitrogen], 15 mM HEPES, 100 U/mL penicillin-100 μg/mL streptomycin, 10 mM t-glutamine, 0.1% collagenase (Invitrogen), and 0.1% soybean trypsin inhibitor [Invitrogen], pH 7.2). The liver was removed and manually disrupted. The cell suspension was filtered through Miracloth (Calbiochem) and washed with PBS. The cell suspension was filtered through Miracloth (Calbiochem) and washed with PBS. The cell suspension was filtered through Miracloth (Calbiochem) and washed with PBS. The cell suspension was filtered through Miracloth (Calbiochem) and washed with PBS. The cell suspension was filtered through Miracloth (Calbiochem) and washed with PBS.

**Cell viability was never observed to be <90%.** To further reduce nonhepatocyte (e.g., fibroblasts and Kupffer cells) contamination of the culture, the crude cell isolate was preplated on 100-mm2 plates for 1 h. After 1 h, the unattached cells were collected, pelleted, and resuspended in a collagen matrix [DMEM-low glucose (Invitrogen) and rat tail collagen], and the cells were plated to produce a 10 g/cm2 collagen culture matrix. After the collagen matrix solidified, the cells were fed hepatocyte growth medium daily. On the day following isolation, cells were transduced with ~2.4 × 108 particles/cm2 of adenovirus expressing β-galactosidase (β-gal) or PGC-1α for 1 h. Then the medium was replaced with fresh growth medium. In preliminary experiments, this viral load was sufficient to produce a physiologically relevant increase in PGC-1α protein expression with the smallest viral exposure. After 4 days of culture, the cells (12-well and 100-mm2 plates) were exposed to 50 μM palmitate-50 μM oleate or control in lipid medium (hepatocyte growth medium and lipids conjugated to BSA, 0.5% final concentration). The goal of utilizing a 1:1 ratio of long-chain saturated to unsaturated FFA during the lipid treatment was to more closely match in vitro the ratio of lipid species to which the liver is exposed in vivo. After overnight FFA exposure, the cells were serum-starved for 4 h. Starvation medium was reserved for determination of excreted lipids and stored at ~80°C until analysis. Cells for mRNA, mRNA, and lipid analysis and Western blotting were rinsed three times with ice-cold Krebs-Henseleit buffer, scraped, collected, and pelleted. The cell pellets for RNA and DNA analysis were placed on RNalater (Ambion) and stored at ~20°C until analysis. Samples for lipid analysis were lysed in 2% SDS buffer [sulfactant, 100 mM NaCl, 20 mM Tris, 2 mM EDTA, 10 mM MgCl2, 10 mM NaF, 40 mM β-glycerol phosphate, protease inhibitors (Roche), and phosphatase inhibitors (Sigma)] and centrifuged (10 min, 8000 g, 4°C). Cell pellets for Western blot analysis were lysed in 1% Triton X-100 lysis buffer [50 mM HEPES, 12 mM sodium pyrophosphate, 100 mM NaF, 10 mM EDTA, protease inhibitors (Roche), and phosphatase inhibitors (Sigma)] and centrifuged (10 min, 8000 g, 4°C). All samples were stored at ~80°C until analysis. The protein content of the cell lysates was determined by bicinchoninic acid (BCA) assay.

**Sprague-Dawley rat adenoviral transduction and protocol.** Adenoviral transduction of male Sprague-Dawley rats was performed as previously described with minor changes (26). Briefly, on the day before adenoviral transduction, the animals were injected with cyclosporine (15 mg/kg ip) to reduce immune response. On the next day, the animals received an intravenous bolus through the tail vein of the appropriate adenovirus (3.33 × 109 virus particles/g body wt) that was diluted in normal saline to a final volume of 0.5 mL. At 0630 on day 9 after the adenoviral transduction, blood was collected from the tail vein for fed plasma analysis. The animals were fasted overnight, and on the morning of tissue collection (day 10) the animals were anesthetized by a bolus of pentobarbital sodium (75 mg/kg ip). Blood was collected by heart puncture, and a portion of the liver was quickly placed in ice-cold FAO buffer and mitochondrial isolation buffer. Plasma glucose (Sigma, St. Louis, MO), TAG (Sigma), and nonesterified fatty acids (NEFA, Wako Chemicals, Richmond, VA) were determined according to the manufacturer's instructions. Additional liver tissue segments were collected for RNA isolation and fixation, and the remaining liver was snap-frozen in liquid nitrogen. Red gastrocnemius, lung, kidney, and left ventricle were collected for RNA isolation.

**Liver mitochondrial isolation.** Mitochondria were isolated from rat liver tissue, as previously described (33). Briefly, tissue was homogenized in a cold liver mitochondrial isolation buffer (220 mM mannitol, 70 mM sucrose, 10 mM Tris, and 1 mM EDTA), adjusted to pH 7.4 with KOH and kept on ice. The homogenate was transferred to a 15-mL conical tube and centrifuged (1500 g, 10 min, 4°C), the supernatant was centrifuged (8000 g, 10 min, 4°C), and the pellet was resuspended in liver mitochondrial isolation buffer by glass-on-glass homogenization and centrifuged at 6000 g for 10 min at 4°C. The mitochondria were washed with liver mitochondrial isolation buffer containing 0.1% fatty acid-free BSA and pelleted (4000 g, 10 min, 4°C). The mitochondria were resuspended in an appropriate buffer, and protein concentration was determined by BCA assay.

**Primary hepatocyte FAO.** FAO by primary hepatocytes was determined as previously described with minor modifications (25). After serum starvation, 12-well plates were washed with warm PBS, and the cells were incubated with 14C-labeled FAO reaction medium consisting of DMEM-low glucose (Invitrogen), 0.25 μCi/ml [1-14C]palmitate, 0.25 μCi/ml [1-14C]oleate, 50 μM palmitate, 50 μM oleate, 0.5% BSA, 1 mM carnitine, and 12.5 mM HEPES (pH ~7.4) at 37°C for 3 h in triplicate. A mixed 1:1 [1-14C]palmitate-[1-14C]oleate tracer was used in the FAO experiments to more closely mimic tissue lipid exposure and minimize individual enzyme preferences for specific FFA species; this provides additional novelty to the study. To approximate the carnitine palmitoyltransferase-1 (CPT-1)-mediated FAO, appropriate wells were treated with the CPT-1 inhibitor etomoxir (100 μM). CPT-1-mediated FAO was calculated as the difference between absolute FAO and FAO in the presence of etomoxir. After 3 h, the medium from each well was collected, and an aliquot of medium was dispensed into the sealed trapping device. The 14C3CO2 was driven from...
the media aliquot by addition of perchloric acid and trapped in NaOH, which was collected and analyzed by liquid scintillation counting for determination of complete FAO to CO2. The acidified medium was collected, refrigerated, and centrifuged (16,000 g, 4°C). An aliquot was analyzed by liquid scintillation counting for determination of the acid-soluble metabolites (ASMs) of FAO. The cells were rinsed three times with ice-cold Krebs-Henseleit buffer and lysed with SDS lysis buffer. The protein concentration of the lysate was determined by BCA assay.

**Palmitate and pyruvate oxidation by liver homogenate and isolated mitochondria.** Oxidation of [1-14C]palmitate and [2-14C]pyruvate was measured in fresh liver homogenates and isolated mitochondria, as previously described (30). FAO was assessed by measurement of the production of 14CO2 and 14C-labeled ASMs in a sealed trapping medium (5’-GGTCTTATCTACGGG-CATCA-3’ (forward) and 5’-GATTAGACCGGTTACATCGAGT-3’ (reverse)), probe (5’-FAM-TTGTCATCCTTAGCTACATGTTCCCTTA-3’ (reverse)), and probe (5’-FAM-GGTCGCTTCACCAGCTTTGAT-3’ (forward)) and 5’-GGCCTTTTACGTAAGATTAA-3’ (reverse). For tissue samples, the above-mentioned mitochondrial D-loop primer/probe assay was utilized and normalized relative to 18S rRNA values. The data were analyzed as follows: Rc = 2ΔCt and ΔCt = Ct(β-actin) - Ct(mtDNA), where C is the threshold cycle and Rc is the relative copy number (32).

**Citrate synthase activity.** Citrate synthase activity was determined as previously described (37). Citrate synthase activity in whole cell lysates (primary hepatocytes) and liver homogenate (in vivo) was used as a general marker of mitochondrial content, while citrate synthase activity in isolated mitochondria from liver (in vivo) was used as a marker of mitochondrial function.

**Western blot analysis.** Triton X-100 cell lysates were used to produce Western blot-ready Laemmli samples. Samples were separated by SDS-PAGE, transferred to polyvinylidene difluoride membranes, and probed with primary antibodies. PGC-1α antibody was purchased from Calbiochem (EMD Chemicals, Gibbstown, NJ), apoB antibody from Abcam (Cambridge, MA), MTTP antibodies from Santa Cruz Biotechnology (Santa Cruz, CA), mitochondrial transcription factor A (mTFA) antibody from Novus Biologicals (Englewood, CO), and oxidative phosphorylation complex I-V antibody cocktail from MitoScience (Eugene, OR). Individual protein bands were quantified using a densitometer (Bio-Rad), and protein loading was corrected by 0.1% amido-black (Sigma) staining to determine total protein, as previously described (30).

**Statistics.** Comparison of in vivo β-gal with PGC-1α groups was performed using Student’s t-test, with a minimum threshold of P < 0.05. In vitro data comparing β-gal with PGC-1α in the absence and presence of FFA were analyzed by analysis of variance, with a minimum threshold of P < 0.05. Fisher’s least significant difference post hoc test was performed to determine differences between groups with SPSS (IBM, Somers, NY). Values are means ± SE.

**RESULTS**

**Primary hepatocyte PGC-1α expression and markers of mitochondrial content.** Exposure of the primary hepatocytes to recombinant adeno-virus expressing PGC-1α resulted in a dramatic increase in PGC-1α mRNA expression compared with β-gal controls (>1,500-fold, P < 0.05; Fig. 1A). This increase in mRNA levels following adeno-viral transduction was sufficient to produce a 75% increase in PGC-1α protein compared with β-gal-transduced hepatocytes (P < 0.05; Fig. 1B). This increase in protein expression is comparable to increases in PGC-1α protein expression in hepatocytes isolated from exercised rats (unpublished data) and also within the range of PGC-1α expression in liver (19). Overexpression of PGC-1α in primary hepatocytes resulted in a 45% increase in mtTFA protein expression compared with β-gal cells (P < 0.05; Fig. 1C). This elevation in protein expression of mtTFA, a nuclear-encoded transcription factor critical for mtDNA transcription and replication (19), was associated with 33% higher relative mtDNA content in PGC-1α-overexpressing hepatocytes (P < 0.05; Fig. 1D). Citrate synthase activity, a classic marker of mitochondrial content, was ~70% higher in PGC-1α-overexpressing than β-gal hepatocytes (P < 0.05; Fig. 1E). These increases in mtDNA following PGC-1α overexpression were associated with increases in the mtDNA-encoded protein cytochrome c oxidase IV subunit I (P < 0.05; Fig. 1F). Finally, primary hepatocytes demonstrated increased protein expression of nuclear-encoded members of the oxidative phosphorylation system.
lation pathway complex II subunit Ip (succinate dehydrogenase) and complex V subunit a (ATP synthase) (\(P < 0.05\); Fig. 1F). Together, these data clearly demonstrate the ability of PGC-1α overexpression to increase mitochondrial content, and potentially function, in isolated primary hepatocytes.

**Effects of PGC-1α on primary hepatocyte FAO.** FAO of PGC-1α-overexpressing primary hepatocytes was determined by monitoring the oxidation of \([14C]\)palmitate-\([14C]\)oleate (1:1). Complete FAO to CO₂, ASM production, and total FAO (complete oxidation + ASMs) was determined. The overexpression of PGC-1α in primary hepatocytes resulted in a nearly twofold increase in complete FAO to CO₂, which represents the oxidation of fatty acids from \(\beta\)-oxidation through the TCA cycle (\(P < 0.05\); Fig. 2A). The \(\beta\)-oxidation of fatty acids produces metabolites that do not undergo further \(\beta\)-oxidation cycles or oxidation via the TCA cycle and are excreted from the mitochondria and the cell. The production of these ASMs was 25% higher in the PGC-1α-overexpressing than \(\beta\)-gal hepatocytes (data not shown). These increases in complete FAO and ASMs resulted in 30% higher total FAO in the PGC-1α-overexpressing primary hepatocytes (\(P < 0.05\); Fig. 2B). As a marker of the overall efficiency of hepatocyte FAO, the percent FAO to CO₂ was calculated as the complete FAO divided by the total FAO. This measure serves as a means to evaluate the coupling of \(\beta\)-oxidation of fatty acids to the oxidation of the produced acetyl-CoA via the TCA cycle. The
percent FAO to CO₂ was 45% higher in PGC-1α-overexpressing than β-gal hepatocytes ($P < 0.05$; Fig. 2C), suggesting greater FAO efficiency. The outer mitochondrial membrane-associated protein CPT-1 is the rate-limiting step for fatty acyl-CoA entry into the mitochondria as acylcarnitines. The CPT-1-selective inhibitor etomoxir can be utilized to estimate CPT-1-mediated FAO. The difference between the absolute FAO, described above, and the FAO in the presence of etomoxir can serve as an approximation of CPT-1-mediated FAO. Complete FAO was 40% greater in PGC-1α-overexpressing primary hepatocytes than in β-gal cells ($P < 0.05$; Fig. 2D), which is suggestive of increased FAO in other cellular organelles. From these data, the calculated complete FAO inhibited by etomoxir is 2.4-fold higher in PGC-1α-overexpressing primary hepatocytes than in β-gal cells ($P < 0.05$; Fig. 2D), suggesting greater mitochondrial complete FAO. Taken together, these data demonstrate that increased PGC-1α expression increases FAO efficiency in isolated primary hepatocytes.

**Effects of PGC-1α on primary hepatocyte lipid handling.** To determine if PGC-1α overexpression in primary hepatocytes altered lipid storage or secretion patterns, TAG levels were quantified by gas chromatography in extracts from cell lysate and starvation media samples in cells treated overnight with FFA (50 μM palmitate-50 μM oleate). Under the control conditions, overexpression of PGC-1α in hepatocytes resulted in decreased cellular TAG levels compared with β-gal cells (18%, $P < 0.05$; Fig. 3A). Lipid exposure resulted in 23% less cellular TAG accumulation in PGC-1α hepatocytes than in β-gal cells ($P < 0.05$). Importantly, the 100 μM overnight lipid exposure produced an increase in cellular TAG accumulation in β-gal cells (16%, $P < 0.05$), while no change in TAG accumulation was observed in PGC-1α-overexpressing hepatocytes. Also, the secretion rate of TAG into media was ~30% lower in the PGC-1α-overexpressing primary hepatocytes than in β-gal cells under control and lipid-treated conditions ($P < 0.05$; Fig. 3B). Within adenoviral groups, the overnight exposure to FFA resulted in 25% and 20% increases in secretion rate of TAG in the PGC-1α-overexpressing and β-gal cells, respectively ($P < 0.05$). However, the increase in media TAG in PGC-1α-overexpressing hepatocytes was still less than the basal level in the β-gal cells ($P < 0.05$). Additionally, differences were observed in the absolute levels of FFA species in the cellular and secreted TAG between adenoviral groups under control and lipid-treated conditions (Fig. 3, C and D). However, no difference in the percent FFA species composition was observed in any lipid species in cell lysates or media samples under any of the experimental conditions (data not shown). These data demonstrate that PGC-1α overexpression in primary hepatocytes prevents TAG accumulation under control and lipid-treated conditions while also reducing the quantity of secreted TAG.

**Effects of PGC-1α on in vitro apoB assembly.** The packaging of TAG and cholesterol ester into an apolipoprotein for secretion and delivery of VLDL to peripheral tissues is a hallmark function of the liver. The primary lipoprotein produced and utilized by hepatocytes in the packaging and excretion of TAG is apoB (34). The mRNA expression of apoB was decreased 35% in PGC-1α-overexpressing primary hepatocytes compared with β-gal cells under control conditions ($P <$
Interestingly, overnight lipid treatment resulted in a 25% decrease in apoB mRNA expression in β-gal hepatocytes compared with control (P < 0.05), with no difference within PGC-1α-overexpressing cells or between adenoviral groups. In rodent hepatocytes, two proteins are produced from the apoB mRNA: the more highly expressed apoB-48, which is a truncated protein representing 48% of the NH2-terminal mRNA, and the full-length apoB-100. Under control conditions, the protein expression of apoB-48 is 30% less in the PGC-1α-overexpressing than β-gal hepatocytes (P < 0.05; Fig. 4A). No alterations in apoB-48 protein expression were observed within adenoviral groups following lipid treatment. Protein expression of apoB-100 was suppressed to relatively the same level (30%) as apoB-48 in PGC-1α-overexpressing hepatocytes compared with β-gal control (P < 0.05; Fig. 4C). No changes in apoB-100 protein expression were observed in the β-gal hepatocytes after FFA treatment compared with control. However, overnight lipid treatment resulted in a nonsignificant increase (70%, P < 0.1) in apoB-100 protein expression in the PGC-1α-overexpressing hepatocytes compared with control. MTTP is responsible for chaperoning the translating apoB protein and transferring TAG to the apoB protein to form the immature

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Fig. 3. Decreased triacylglycerol (TAG) accumulation and secretion in PGC-1α-overexpressing primary hepatocytes. TAG accumulation and secretion in primary hepatocytes were determined following overnight treatment with control or free fatty acids (FFA; 50 μM palmitate-50 μM oleate). A: cellular accumulation of TAG was decreased in PGC-1α-overexpressing compared with β-gal hepatocytes under control conditions. After lipid treatment, cellular TAG accumulation was increased in β-gal hepatocytes compared with control, while no change was observed in PGC-1α-overexpressing hepatocytes. B: in the control state, TAG secretion into the medium was decreased in PGC-1α-overexpressing compared with β-gal hepatocytes. After overnight lipid exposure, TAG secretion into the medium was increased in PGC-1α-overexpressing and β-gal hepatocytes compared with control, with PGC-1α-overexpressing hepatocytes demonstrating decreased TAG secretion compared with β-gal cells. C and D: FFA constituents of TAG were elevated in both adenoviral groups following overnight lipid exposure in cell lysates and media samples. Con, control. Values are means ± SE; n = 8. †P < 0.05 between groups. ‡P < 0.05 within group.
lipoprotein (34). The overexpression of PGC-1α produced 25% and 30% decreases in MTTP protein expression in the absence and presence of lipid, respectively, compared with the appropriate β-gal group (*P < 0.05; Fig. 4D). No differences were observed within adenoviral transduction groups following lipid exposure. These data suggest that the decrease in secreted TAG by primary hepatocytes overexpressing PGC-1α is due, in part, to changes in expression of the key genes involved in TAG packaging and secretion.

Liver-specific PGC-1α overexpression and liver FAO. To examine the effects of PGC-1α overexpression on hepatic lipid metabolism in vivo, Sprague-Dawley rats were studied 10 days after transduction with PGC-1α or β-gal adenovirus (AdvPGC1α or AdvBGAL) at 3.33 viral particles/g body wt. Liver PGC-1α mRNA expression was fivefold greater (*P < 0.05; Fig. 5A) and PGC-1α protein expression was increased 20% in animals transduced with AdvPGC1α compared with those transduced with AdvBGAL (*P < 0.05; Fig. 5B). Liver-specific, adenoviral overexpression of PGC-1α was verified, as no difference in PGC-1α mRNA expression was observed in soleus, kidney, lung, or heart-left ventricle between AdvPGC1α- and AdvBGAL-transduced rats (data not shown). Additionally, no difference was observed in fasting plasma glucose (156.6 ± 8.2 vs. 132.9 ± 7.4 mg/dl) or body weight (448.2 ± 23.9 vs. 404.3 ± 16.1 g) between AdvBGAL- and AdvPGC1α-transduced rats. The increase in liver PGC-1α mRNA expression was associated with an increase in citrate synthase activity, which is a classic marker of mitochondrial content in whole cell or tissue lysates (14%, *P < 0.05; Fig. 5C). However, no differences were observed between the groups in liver mtDNA content, an additional marker of mitochondrial content (Fig. 5E). The production of CO2 and ASMs from [14C]palmitate was used to assess the FAO of fresh liver homogenates. The overexpression of PGC-1α in liver produced an 80% increase in complete FAO to CO2 in fresh tissue homogenates (*P < 0.05; Fig. 6A), with no change in total FAO between adenoviral groups (Fig. 6B). This resulted in a greater than twofold increase in percent FAO to CO2 (*P < 0.05; Fig. 6C), an index of the efficiency of FAO, in the liver of AdvPGC1α-transduced rats. As in the in vitro experiments, the selective CPT-1 chemical inhibitor etomoxir was used in a subset of rats to approximate CPT-1-mediated FAO in the liver homogenates. Complete FAO to CO2 in the presence of etomoxir was 50% lower in livers of AdvPGC1α- than AdvBGAL-transduced rats (*P < 0.05; Fig. 6D). The amount of CPT-1-mediated complete FAO, estimated as the complete FAO inhibited by etomoxir, was threefold higher in the AdvPGC1α-transduced animals (*P < 0.05; Fig. 6D). We also found that a classic marker of mitochondrial content in liver homogenate, citrate synthase activity, was positively correlated to complete FAO, despite
the relatively small difference in citrate synthase activity between the groups. Although the correlation was not statistically significant ($P = 0.058$), it suggests that increased liver mitochondrial content is related to increased liver FAO. These data establish that the transduction of rats with AdvPGC1a produced liver-specific increases in PGC-1α expression, which produced increases in mitochondrial content and FAO similar to those in primary hepatocytes.

Effect of hepatic PGC-1α overexpression on liver mitochondria.
To evaluate if the increases in liver FAO following PGC-1α overexpression were due to changes in mitochondrial function and not just mitochondrial content, liver mitochondria were isolated and markers of mitochondrial function and FAO were assessed. The isolated mitochondria displayed a 40% increase in citrate synthase activity in isolated mitochondria from AdvPGC1a-transduced animals ($P < 0.05$; Fig. 5D), suggesting that mitochondrial enzyme activity, a marker of function, is higher per mitochondrion. As in whole homogenates, complete FAO to CO$_2$ and total FAO were examined in isolated liver mitochondria. Complete FAO was 4.5-fold higher in isolated mitochondria from liver of PGC-1α-overexpressing rats ($P < 0.05$; Fig. 7A), which was matched with no difference in liver mitochondrial total FAO between adenoviral groups (Fig. 7B), as observed in the liver homogenates. As in the liver homogenates, this large difference in complete FAO to CO$_2$ suggests greater efficiency of FAO, as observed by the nearly fivefold higher percent FAO to CO$_2$ in the isolated mitochondria of the AdvPGC1a-transduced animals ($P < 0.05$; Fig. 7C). The...
increases in FAO to CO₂ due to PGC-1α overexpression in primary hepatocytes, liver homogenates, and isolated mitochondria could be influenced by increased TCA cycle flux. To assess whether hepatic PGC-1α overexpression increased TCA cycle function, the oxidation of [2-14C]pyruvate to CO₂ was measured in isolated liver mitochondria as a marker of TCA cycle flux, as the oxidation of 2-pyruvate to CO₂ occurs after at least two passes through the TCA cycle. Oxidation of [2-14C]pyruvate was threefold higher in mitochondria from the liver of AdvPGC1α- than AdvBGAL-transduced rats (P < 0.05; Fig. 7D). As in the liver homogenates, the relationship between citrate synthase activity and complete FAO in isolated liver mitochondria was examined. In the context of isolated mitochondria, citrate synthase activity can be viewed as a marker of mitochondrial function. The analysis showed a significant, positive relationship between citrate synthase activity and complete FAO in isolated mitochondria (P < 0.002; Fig. 7E), suggesting that increased liver mitochondrial function is directly related to elevated FAO. These results suggest that increased hepatic PGC-1α expression not only increases mitochondrial content but also improves mitochondrial function.

Hepatic PGC-1α overexpression and TAG handling. We measured hepatic TAG and the plasma lipid levels of TAG to determine if the AdvPGC1α-transduced animals displayed characteristics similar to those of the primary cells overex-
pressing PGC-1α. Hepatic overexpression of PGC-1α resulted in a dramatic 75% reduction in liver TAG accumulation (P < 0.05; Fig. 8A). This decrease in tissue TAG in AdvPGC1α-transduced animals was associated with decreased plasma TAG in the fasted state (~40%, P < 0.05; Fig. 8B) and a trend toward lower plasma TAG in the fed state (~30%) than in β-gal rats. These decreases in tissue and plasma TAG were not due to differences in FFA delivery to the liver from the adipose tissue, as evident by similar plasma nonesterified fatty acids in the plasma samples during fed and fasted conditions (data not shown). The decrease in liver TAG levels in the AdvPGC1α-transduced rats was mirrored by decreases in absolute levels of individual FFA species comprising the TAG (P < 0.05; Fig. 8C). However, similar to the in vitro experiments, no dramatic difference in the relative percentage of the FFA species composition of TAG was observed (data not shown). We also investigated the expression of genes necessary for appropriate hepatic TAG assembly in the AdvPGC1α-transduced animals. In contrast to the observations in PGC-1α-overexpressing primary hepatocytes, no difference in apoB mRNA expression or MTTP protein expression was observed following hepatic PGC-1α overexpression (data not shown). However, a 40% decrease in apoB-48 protein expression was observed in the liver of AdvPGC1α-transduced rats (P < 0.05; Fig. 8D), while no difference was observed in apoB-100 protein expression between groups. These data demonstrate that liver-specific
PGC-1α overexpression results in decreased tissue TAG accumulation, with an associated decrease in plasma TAG levels potentially through decreased apoB-48 VLDL secretion.

**DISCUSSION**

Mitochondrial dysfunction has been proposed as a cause for the initiation and progression of hepatic steatosis through decreases in mtDNA, reduced electron transport chain oxidative capacity, and reduced hepatic FAO in human patients and rodent models (21). To our knowledge, our study is the first to examine the impact of PGC-1α protein overexpression on primary hepatocyte mitochondrial content and function, FAO, and TAG storage and secretion in an intact in vitro cellular system independent of circulating peripheral factors. We show that these in vitro observations can be reproduced in vivo following liver-specific increases in PGC-1α expression. In the present study, we found that adenoviral overexpression of PGC-1α in isolated primary hepatocytes and in the liver of Sprague-Dawley rats resulted in 1) increased mitochondrial content and/or function, 2) elevated complete FAO, 3) decreased TAG accumulation, and 4) decreased TAG secretion, which is associated with changes in the expression of TAG assembly proteins.

The mitochondrion is unique among mammalian organelles, in that it contains DNA that encodes proteins required for appropriate function (21); as such, the relative mitochondrial DNA copy number can serve as an index for mitochondrial content under differing environmental or metabolic conditions (32). In skeletal muscle, PGC-1α increases mtDNA content through upregulation of the nuclear-encoded mtTFA via co-activation of nuclear respiratory factors 1 and 2 (12). Our observation of elevated mtDNA, in association with increased mtTFA protein expression, in PGC-1α-overexpressing primary hepatocytes supports the role of PGC-1α as a mediator of
hepatic mitochondrial biogenesis and increased content. Furthermore, the role of PGC-1α in regulating hepatocyte mitochondrial content and function is supported by the increases in protein expression of the mitochondrial-encoded electron transport protein complex IV subunit I and in citrate synthase activity. However, the lack of data documenting the effect of in vitro PGC-1α overexpression on mitochondrial function in isolated primary hepatocytes is a limitation of this study. Our observation of increased citrate synthase activity in liver whole homogenates and isolated mitochondria from AdvPGC1α-transduced rats further supports PGC-1α involvement in hepatic mitochondrial homeostasis. The positive correlation between citrate synthase activity and FAO in liver homogenates and isolated mitochondria further supports the role of PGC-1α in modulating liver mitochondrial content and function. Nevertheless, the small increase in citrate synthase activity in the liver homogenate may represent only a dilution of increased mitochondrial citrate synthase activity and may not be representative of increased mitochondrial content in these animals, as suggested by the lack of difference in liver mtDNA content. However, a recent study in skeletal muscle demonstrated that mtDNA is a poor marker of mitochondrial content compared with citrate synthase (16), highlighting the difficulty in assessing mitochondrial content. Further work is necessary to fully elucidate the effect of PGC-1α overexpression on mitochondrial content and function in hepatocytes and liver and whether differential effects exist in various model systems (in vitro vs. in vivo).

Mitochondrial FAO represents the major route of acetyl-CoA oxidative metabolism via β-oxidation to produce acetyl-CoA and chain-shortened acyl-CoAs, with the produced acetyl-CoA potentially entering the TCA cycle, culminating in complete oxidation of the carbon to CO2 (complete FAO). However, a portion of lipids are incompletely oxidized, a process that leads to the production of acid-soluble metabolites (e.g., ketone bodies, acyl-CoAs, and acylcarnitines). It has been suggested that an increase in the relative proportion of complete FAO to CO2 may be physiologically beneficial (24). The percentage of complete FAO to CO2 relative to total FAO can be viewed as a marker of FAO efficiency by estimation of the coupling of acetyl-CoA production by β-oxidation to the flux of acetyl-CoA through the TCA cycle. An increase in the efficient coupling of FAO could result in decreased accumulation of incomplete FAO metabolites, which has been observed in several metabolic disease states and is linked to insulin resistance (1, 24). Recently, we reported that elevated liver FAO efficiency was associated with increases in hepatic mitochondrial protein expression and/or function and decreased steatosis (30, 40). PGC-1α has been observed to functionally control FAO efficiency in skeletal muscle. Koves et al. (15) described increased complete FAO to CO2 and increased PGC-1α expression in skeletal muscle mitochondria in a comparison of exercised with sedentary mice, in addition to increased complete FAO in L6 rat skeletal muscle cells overexpressing PGC-1α. On the basis of these data and increases in oxidative phosphorylation and TCA pathway genes, Koves et al. suggested that increased PGC-1α expression produced coordinated increases in fatty acid β-oxidation and downstream mitochondrial pathways, resulting in elevated FAO to CO2. Our data show that increased hepatic PGC-1α expression produces a similar phenotype of increased complete FAO and increased percent FAO to CO2 in primary hepatocytes, isolated liver mitochondria, and liver homogenates. Additionally, the increases in estimated CPT-1-mediated complete FAO, TCA cycle flux (citrate synthase and pyruvate oxidation), and oxidative phosphorylation (complexes II, IV, and V) components further support the role of PGC-1α in coupling increased β-oxidation with increased TCA flux to promote efficient mitochondrial FAO. Considered together with the decrease in TAG accumulation, it could be suggested that PGC-1α-mediated increases in FAO efficiency can reduce TAG accumulation in hepatocytes and liver through more efficient mitochondrial oxidative metabolism of cellular FFA. In addition, our data suggest that this effect on TAG accumulation also impacts TAG secretion.

The packaging and secretion of TAG as VLDL particles represent a mechanism by which the liver can buffer plasma FFA concentration and deliver needed lipids to peripheral tissues for energy production (17). However, the dyslipidemia associated with the metabolic syndrome and type 2 diabetes is the result of increased VLDL secretion and is directly associated with liver fat content (2, 3, 7, 36, 39). Recently, it was suggested that hepatic TAG content is the most powerful modulator of VLDL-TAG secretion (20). Interestingly, PGC-1α overexpression resulted in decreased TAG levels in media samples from primary hepatocytes and decreased plasma TAG levels in rats, which are associated with decreased hepatic TAG levels in both cases. One possible explanation is that the amount of hepatic TAG and FFA available for packaging and secretion was reduced secondary to the increased FFA catabolism due to increased FAO following PGC-1α overexpression. Inhibition of hepatic FAO has been observed to stimulate increased VLDL-TAG and cholesterol secretion in perfused rat livers (14), while increased FAO in primary hepatocytes overexpressing CPT-1α resulted in decreased cellular TAG and TAG secreted into the media (38). Work done in a liver-specific pgc1a heterozygous mouse (8) further supports a role of PGC-1α controlling TAG secretion through altered liver lipid metabolism. A ~50% reduction in liver PGC-1α expression, decreases in FAO genes, and elevated fasting steatosis, which was associated with increased plasma TAG levels, were observed in these mice. Additionally, in HepG2 cells and high-fat-fed LDL receptor knockout mice, a decrease in VLDL secretion following chemical MAPK activation was associated with increased PGC-1α mRNA expression, mitochondrial DNA content, elevated FAO, and decreased TAG accumulation (22, 23). Despite such evidence, it is possible that PGC-1α could play a direct role in modifying the expression of proteins involved in TAG secretion.

The assembly of VLDL in the hepatocyte is initiated within the endoplasmic reticulum by MTTP adding TAG to the ever-growing apoB peptide (2), which also results in protection of apoB protein from proteosomal degradation (34). In our study, the overexpression of PGC-1α in primary hepatocytes resulted in decreased expression of apoB and MTTP. A relationship between PGC-1α, apoB, and MTTP was also observed in the liver-specific pgc1a heterozygous mice mentioned above, where decreased PGC-1α expression resulted in increased apoB and MTTP expression (8). In our in vivo experiments, no difference in apoB and MTTP mRNA expression was observed, perhaps due to the smaller increase in PGC-1α protein expression. However, the reduction in apoB-48 protein
could be sufficient to explain the decreases in plasma TAG. ApoB-48 represents the dominant apoB protein variant in rat liver, is less susceptible to intracellular degradation than apoB-100 (35), and has been observed to be preferentially increased over apoB-100 in animals with increased VLDL-TAG due to a chronic high-fat diet (5). However, no decrease in either apoB protein is required for reduced TAG secretion, as observed by decreased media TAG with no reduction in apoB-48 or apoB-100 protein expression in rat hepatocytes overexpressing CPT-1a (38). These reductions in genes critical to VLDL assembly and secretion could represent a direct influence of PGC-1α overexpression modifying the expression of genes that regulate VLDL secretion. More detailed studies are necessary to elucidate the precise mechanisms by which PGC-1α decreases TAG secretion. Interestingly, because exercise increases PGC-1α expression, PGC-1α may play a critical role in the ability of exercise to lower TAG secretion.

In conclusion, these data demonstrate that an elevation in hepatic PGC-1α expression results in increased mitochondrial content and/or function, increased complete FAO and TCA cycle flux, and reduced hepatic TAG content and secretion. Importantly, in the primary hepatocytes, this increase in mitochondrial content and FAO was sufficient to prevent cellular TAG accumulation following FFA treatment of the cells. These data provide insight into the role of PGC-1α expression and mitochondrial content and function in regulation of hepatocyte lipid metabolism and into how liver mitochondria influence the development of, and potentially protection from, excessive TAG accumulation and secretion.

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DISCLOSURES

No conflicts of interest, financial or otherwise, are declared by the authors.

AUTHOR CONTRIBUTIONS

E.M.M. is responsible for conception and design of the research; E.M.M. and J.A.I. approved the final version of the manuscript. E.M.M., J.P.T., and J.A.I. edited and revised the manuscript; E.M.M. is responsible for conception and design of the research; E.M.M. and G.M.E.M. performed the experiments; E.M.M. and J.A.I. analyzed the data; E.M.M., F.W.B., K.L.F., C.D.H., J.P.T., and J.A.I. interpreted the results of the experiments; E.M.M. prepared the figures; E.M.M. drafted the manuscript; E.M.M., J.P.T., and J.A.I. edited and revised the manuscript; E.M.M. and J.A.I. approved the final version of the manuscript.

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