Role for intestinal CYP2E1 in alcohol-induced circadian gene-mediated intestinal hyperpermeability

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Departments of 1Internal Medicine, Division of Digestive Diseases and Nutrition, 2Biochemistry, 5Pharmacology, and 6Molecular Biophysics and Physiology, Rush University Medical Center, Chicago; 3Center for Sleep and Circadian Biology, Department of Neurobiology, Northwestern University, Evanston, Illinois; 4Mount Sinai School of Medicine, Department of Pharmacology and System Therapeutics, New York, New York; 7Division of Pharmacology, Utrecht Institute for Pharmaceutical Sciences, Faculty of Science, Utrecht University, Utrecht, The Netherlands

Submitted 6 September 2012; accepted in final form 3 May 2013

Forsyth CB, Voigt RM, Shaikh M, Tang Y, Cederbaum AI, Turek FW, Keshavarzian A. Role for intestinal CYP2E1 in alcohol-induced circadian gene-mediated intestinal hyperpermeability. Am J Physiol Gastrointest Liver Physiol 305: G185–G195, 2013. First published May 9, 2013; doi:10.1152/ajpgi.00354.2012.—We have shown that alcohol increases Caco-2 intestinal epithelial cell monolayer permeability in vitro by inducing the expression of redox-sensitive circadian clock proteins CLOCK and PER2 and that these proteins are necessary for alcohol-induced hyperpermeability. We hypothesized that alcohol metabolism by intestinal Cytochrome P450 isoform 2E1 (CYP2E1) could alter circadian gene expression (Clock and Per2), resulting in alcohol-induced hyperpermeability. In vitro Caco-2 intestinal epithelial cells were exposed to alcohol, and CYP2E1 protein, activity, and mRNA were measured. CYP2E1 expression was knocked down via siRNA and alcohol-induced hyperpermeability, and CLOCK and PER2 protein expression were measured. Caco-2 cells were also treated with alcohol or H2O2 with or without N-acetylcysteine (NAC) anti-oxidant, and CLOCK and PER2 proteins were measured at 4 or 2 h. In vivo Cyp2e1 protein and mRNA were also measured in colon tissue from alcohol-fed mice. Alcohol increased CYP2E1 protein by 93% and enzyme activity increased by 69% in intestinal cells in vitro. Alcohol feeding also increased mouse colonic Cyp2e1 protein by 73%. mRNA levels of Cyp2e1 were not changed by alcohol in vitro or in mouse intestine. siRNA knockdown of CYP2E1 in Caco-2 cells prevented alcohol-induced hyperpermeability and induction of CLOCK and PER2 proteins. Alcohol-induced and H2O2-induced increases in intestinal cell CLOCK and PER2 were significantly inhibited by treatment with NAC. We concluded that our data support a novel role for intestinal CYP2E1 in alcohol-induced intestinal hyperpermeability via a mechanism involving CYP2E1-dependent induction of oxidative stress and upregulation of circadian clock proteins CLOCK and PER2.

ALCOHOL (ethanol, EtOH) is a widely used and often abused substance resulting in a significant healthcare burden globally and in the United States (57, 83). Chronic alcohol use can result in many pathological effects, including alcoholic steatohepatitis (ASH), leading to progressive alcoholic liver disease (ALD) (16, 39). Although alcohol is necessary for the development of ALD, only 20–30% of alcoholics develop ASH, progressive liver disease leading to cirrhosis and liver failure (ALD) (46, 55). This observation indicates that chronic alcohol consumption is not sufficient to induce clinically relevant liver damage, and an additional predisposing factor(s) must also be present. Preclinical and clinical studies provide compelling evidence that gut-derived bacterial endotoxin is necessary to initiate the sustained inflammatory cascades that are required for the development of alcohol-induced liver injury (28, 77, 83). The major source of endotoxin is the intestine, and, therefore, alcohol-induced intestinal hyperpermeability (i.e., leaky gut), which results in endotoxemia (4, 5, 29, 52), is particularly relevant in the etiology of ASH and progressive ALD. Alcohol induces intestinal hyperpermeability and endotoxemia in only a subset of alcoholics (5, 29), but the mechanisms that cause intestinal hyperpermeability are not fully established. Because most deleterious effects of alcohol are thought to be the consequence of metabolism byproducts, it is plausible that variability in alcohol metabolism pathways dictates susceptibility to alcohol-induced gut leakiness.

Several recent studies have shown that alcohol and/or alcohol metabolism products such as acetaldehyde (54) (produced as a byproduct of alcohol dehydrogenase, ADH) or stimulation of inducible nitric oxide synthase (iNOS) (1, 2, 14) disrupt intestinal barrier integrity via several mechanisms, including alterations in tight junction proteins (12, 53, 70). Despite these detrimental effects, ADH-induced effects are unlikely to fully explain alcohol-induced intestinal hyperpermeability because Caco-2 cells do not express ADH (30), yet low-dose alcohol exposure results in marked disruption of Caco-2 cell monolayer barrier function (14, 76). Cytochrome P450 isoform 2E1 (CYP2E1)-mediated alcohol metabolism is another major alcohol metabolism pathway that becomes increasingly engaged during chronic or excessive alcohol exposure (33, 38, 73) and results in the production of reactive oxygen species (ROS) (oxidative stress) and other damaging products (32, 36, 37). Despite CYP2E1 being present in the intestinal epithelial cells (3, 17, 61), there have been no studies to determine the possible contribution of alcohol metabolism via CYP2E1 to alcohol-induced intestinal barrier dysfunction.

Considerable evidence supports a role for liver CYP2E1-mediated alcohol metabolism in the pathogenesis of alcoholic liver disease via the production of oxidative stress (15, 33, 34, 36, 38, 40, 41). It is also well established that 1) CYP2E1 is expressed in the small intestine and colon tissue (3, 61), 2) CYP2E1 protein is induced in intestinal tissue by chronic alcohol feeding in rodents and humans (17, 61, 69, 72), 3) CYP2E1 is one of the most highly expressed of the CYP450 isoforms in the human intestine...
(3, 79), and 4) activated CYP2E1 produces oxidative stress products (36) that can contribute to alcohol-induced tissue damage including ROS/reactive nitrogen species (RNS) that could mediate disruption of intestinal epithelial permeability (1, 2). However, despite these observations, the role of intestinal CYP2E1 in alcohol-induced intestinal hyperpermeability has not been investigated. Oxidative stress can impact intestinal barrier function in a variety of ways, but one potentially important pathway is via influencing redox-sensitive cellular signaling mechanisms. One intriguing and unexplored pathway is the role of redox-sensitive mechanisms that influence circadian clock genes. Circadian rhythms are 24-h biological patterns of function that synchronize humans and other organisms with the daily environmental patterns of light and dark and feeding (18, 59, 60) and are essential for the regulation of a wide range of metabolic and biological pathways. These rhythms are controlled by the cyclic pattern of circadian clock genes (11). Disruption of circadian rhythms has been implicated as a mechanism for a variety of inflammatory disorders such as metabolic syndrome, obesity, cardiovascular disease, and cancer (49, 56, 81). This hypothesis is particularly attractive because circadian clock genes and circadian rhythms regulate gastrointestinal function (23, 25, 50, 67), and our laboratory has demonstrated that perturbation of these rhythms makes the intestine susceptible to damage by injurious agents (47, 51, 78).

Specifically, we have also recently shown that the circadian clock genes Clock and Per2 in Caco-2 cells are critical for alcohol-induced intestinal hyperpermeability in vitro and that alcohol stimulates increases in both the CLOCK and PER2 proteins in intestinal Caco-2 cells. In addition, we have shown that chronic alcohol contained in Nanji diet feeding in BL/6 mice results in increased intestinal permeability and significantly elevated levels of PER2 protein in rat duodenum and colon in vivo (14, 28, 76). The circadian clock is influenced by the NAD/NADH redox ratio; thus, it is possible that CYP2E1-mediated oxidative stress affects circadian gene expression, resulting in intestinal hyperpermeability.

However, despite these observations, the role of intestinal CYP2E1 and its integration with clock genes in alcohol-induced intestinal hyperpermeability has not been studied. Accordingly, the aim of our study was to fill this gap in our knowledge by testing the hypothesis that CYP2E1 metabolism of alcohol and its oxidative stress products is central to alcohol-induced disruption of intestinal permeability via influencing intestinal circadian gene expression. To this end, we used in vitro Caco-2 intestinal epithelial cell monolayers (1, 20) as well as tissue from chronic (8 wk) alcohol-fed mice that we have already shown to have gut leakiness (4–8 wk of daily alcohol Nanji diet feeding is sufficient to cause significant intestinal hyperpermeability in BL/6 mice (14)).

Caco-2 cells (ATCC no. CRL2101, human colorectal adenocarcinoma; Manassas, VA) (20) were grown to confluence (37°C, 5% CO2, 10% fetal bovine serum media with 5 mM penicillin-streptomycin) on Type 1 collagen-coated 12-mm/0.4-μM pore tissue culture plate inserts (Transwell; Corning, Corning, NY) as described previously (1, 14, 19). Cell viability is routinely measured by live/dead assay (Invitrogen, Life Technologies, Grand Island, NY) or Trypan blue staining (>95% cell viability for all assays). Caco-2 cell monolayers were treated with a physiologically relevant dose of alcohol (0.2% vol/vol, 43 mM; ~2–3 drinks) for 30 min to 4 h as indicated. Media alcohol concentration was verified via an alcohol testing kit (Pointe Scientific, Canton, MI). Signal experiments were terminated by removal of media and addition of PBS for scraping and mRNA expression analysis, SDS/RIPA buffer for whole cell lysates (Western blot), or Qiagen lysis buffer (gene expression) (Qiagen, Valencia, CA).

Intestinal permeability was measured using Caco-2 cells as transcel epithelial electrical resistance (TER) as previously described (14, 76). TER was determined using a dual electrode system designed for cell culture insert analysis (EVOM; World Precision Instruments, Sarasota, FL) in which naked culture inserts were used to blank for baseline values, which are subtracted from all values using inserts with living cells.

CYP2E1 knockdown with SiRNA. Caco-2 cells were treated with gene-specific siRNA directed at human CYP2E1 or control nontargeting siRNA to control for “off target” (non-gene-specific) effects of siRNA using a modification of our previously published methods (13, 76). Briefly, 106 cells were combined with 11 picomoles of siRNA in 50 μL Lipofectamine (Invitrogen) and 50 μL OptiMEM (Invitrogen), mixed by gentle shaking, and then plated. Permeability studies were conducted 72–96 h after plating, once the cells were confluent. CYP2E1 siRNA was On Target Smartpool from Dharmacon (Dharmacon, Lafayette, CO). The siRNA sequences for human CYP2E1 (no. L-010134–01-0005) were as follows: UGAAAUACCCUGA-GAUCCA, UGCAGAGAUUCACGGUUG, UGGGUGAGUG-AAGGCCUA, and UGUACACAGGAGGCUAU, whereas control (nontargeting) siRNA was from Santa Cruz Biotechnology (Santa Cruz, CA), and the sequence is proprietary (no. 37007). Control nontargeting siRNA was used to control for off-target (non-gene-specific) effects of siRNA on gene expression.

Experimental diet and animals. Our methods were modified slightly from those published previously. Final alcohol concentration was changed from 5.15% to 4.5%, and all fat calories were in the form of fish oil rather than a combination of corn oil, fish oil, and vegetable oil (10, 80). Components of the Nanji liquid diet (44) included mineral mix, vitamin mix, choline bitartrate, DL-methionine, lactalbumin, xanthan gum, dextrose (all from Dyets, Bethlehem, PA), fish oil from menhaden, ethanol (both from Sigma, St. Louis, MO), and Hersey’s chocolate syrup (Hershey, PA). The caloric composition of the diet was 36% protein, 29% carbohydrate/alcohol, and 35% fat (fish oil). The caloric composition of the control dextrose diet was the same except that alcohol calories were replaced with dextrose.

Colonic mucosa was measured to Cyp2e1 protein and mRNA in this study were collected from the mice who developed intestinal hyper-
permeability after 8 wk of daily consumption of alcohol-containing Nanji diet (14). In brief, male C57BL/6 mice (Jackson Laboratory, Bar harbor, ME) weighing 20–25 g at the start of the experiments were housed individually in a climate-controlled environment on a standard 12-h:12-h light/dark cycle (lights on 7 AM, lights off 7 PM; ZT0 = 7 AM). ZT (Zeitgeber time) is a circadian biology term that arbitrarily divides 24 h into 24 ZT times beginning with ZT0 = lights on and ZT12 = lights off in a traditional 12-h:12-h light/dark cycle. Following 12 wk of habituation to the facility on a standard chow diet, the mice were switched to a liquid Nanji diet described above. In addition, half of the mice began the alcohol diet acclimation period for 2 wk followed by 8 wk of 4.5% vol/vol alcohol Nanji liquid diet. For the first 2 wk, the alcohol concentration was gradually increased as a percentage of total daily calories until the maximum of 29% of total daily caloric intake came from alcohol (4.5% vol/vol). The mice were then maintained on this diet for 8 wk before death and tissue collection. Control mice were maintained on an isocaloric dextrose diet throughout (14, 80). Colonic tissue was harvested immediately after death by decapitation at ZT16. Tissue was snap frozen in liquid nitrogen and stored at −80°C in RNA later (Qiagen). RNA later was removed for Cyp2e1 protein or qPCR analysis.

Housing facilities were accredited through the Association for Assessment and Accreditation of Laboratory Animal Care, and all experiments were carried out in accordance with the conditions set forth by the National Institutes of Health Guide for the Care and Use of Laboratory Animals (National Research Council, 1996) and with the approval of the Institutional Animal Care and Use Committee (IACUC) at Rush University Medical Center.

Caco-2 cell oxidative stress experiments. Caco-2 cells were grown to confluence on 24-mm Transwell inserts (Corning) in six-well plates in complete DMEM media with 10% serum. For experiments with NAC, some cells were pretreated for 24 h with 10 mM NAC, and then cells were stimulated with 0.2% alcohol for the indicated times. Complete cell lysates were prepared for Western blot analysis as described (14) at the indicated time points of 2 and 4 h. For stimulation with H2O2, Caco-2 cells grown on six-well plates were stimulated with control media or media + 0.5 mM H2O2 and cell lysates made at the time points of 2 and 4 h for Western blot analysis of CYP2E1 and PER2 proteins.

Gene expression analysis with qRT-PCR. Analysis of mRNA expression was carried out as previously described (13). Briefly, RNA was isolated from Caco-2 cells or mouse intestinal tissue (ZT6) using the Qiagen RNAeasy kit (Qiagen). RNA was converted to cDNA using the high-capacity cDNA kit (Applied Biosystems, Life Technologies, Carlsbad, CA) and PCR amplified using fast Sybr green master mix (Applied Biosystems) using a 7500I fast real-time PCR system (Applied Biosystems). PCR primer sequences were as follows: for human CYP2E1: F-5′-CTCTCTGCTGGTTGCTCAT-3′, R-5′-CTTGGGCTTCCCCCTGTGCT-3′; for mouse Cyp2e1: F-5′-GAGG-TGCTACTGAAACACAAG-3′, R-5′-ACGAGGATACCTAGGGAAAACC-3′. Primers for human β-actin were as follows: F-5′-GCCAGTCCACGAGCAG-3′, R-5′-TGCTATCCAGGCTGTCATTCC-3′; for mouse β-actin: F-5′-GTGACGGTTACCTCGCTA-AAGA-3′, R-5′-GCCGGACTCATCTGACTCT-3′. Expression was determined relative to the respective species β-actin using the ΔΔCt method (13).

Western blot and slot blot protein analysis. For Western blot, total protein was determined (Bio-Rad, Hercules, CA), and samples were prepared with Laemmli sample buffer with 2-ME (Bio-Rad). Thirty micrograms of protein/lane was loaded into a 4%/10% stacking acrylamide Tris gel and electrophoresed at 100 V for 2 h as described (14). Protein was then transferred to a nitrocellulose membrane (GE Healthcare Limited, Buckinghamshire, UK) for 1.5 h at 130 V. Nonspecific binding was blocked by incubation of the membrane with 5% milk TBST for 1 h. Membranes were then incubated overnight at 4°C with antibodies for hCYP2E1 (rabbit anti-human; Abcam, Cambridge, MA), hCLOCK (rabbit anti-human; Santa Cruz Biotechnolog-
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and in vivo, where it also increased permeability of the epithelial cell monolayer (Fig. 5 below) and intestine (14), respectively. To determine whether the increase in protein was accompanied by a functional increase in CYP2E1 enzymatic activity, we measured p-nitrophenol oxidation in the Caco-2 cells microsomal fraction. As shown in Fig. 3, treatment of Caco-2 cells with alcohol (0.2% for 240 min) significantly increased CYP2E1 activity (increased 69%, \( P < 0.05 \)) compared with controls. Thus the alcohol-stimulated induction of CYP2E1 protein corresponded closely with increased CYP2E1 activity in Caco-2 intestinal epithelial cells. To our knowledge, this is the first demonstration of alcohol induction of CYP2E1 protein and activity in human intestinal epithelial cells in vitro.

We next sought to determine whether the alcohol-induced increase in CYP2E1 protein was a consequence of increased mRNA expression using RT-qPCR analysis. mRNA was isolated from control and alcohol-treated Caco-2 cells (0.2% for 240 min) and from control and alcohol-fed mouse colon tissue (i.e., Nanji alcohol diet for 8 wk) and was analyzed for CYP2E1 mRNA expression by qPCR. Both in vitro (Fig. 4A) and in vivo (Fig. 4B) data demonstrate a slight, but nonsignificant, increase in CYP2E1 mRNA expression (each increased 12%, \( P > 0.05 \)) in response to alcohol. These data support the fact that the increased CYP2E1 protein and functional activity is not the consequence of increased CYP2E1 transcription in our models.

**CYP2E1 is required for EtOH-induced hyperpermeability in Caco-2 monolayers.** To determine whether intestinal CYP2E1 is critical for alcohol-induced intestinal hyperpermeability, we used siRNA-mediated gene-specific knockdown of CYP2E1 (or nontargeting siRNA for controls) in Caco-2 cells. Cells treated with the control nontargeting siRNA or the CYP2E1 siRNA alone demonstrated virtually no change in permeability assessed with TER over the 240-min time period (Fig. 5., A and B). However, cells treated with control nontargeting siRNA plus alcohol showed a significant decrease in TER (increase in permeability), consistent with our previous publications (14, 76). The alcohol-induced increase in permeability became statistically significant after 60 min and further increased throughout the duration of the experiment. This alcohol-induced effect was prevented by knocking down expression of intestinal epithelial cell CYP2E1 with siRNA for CYP2E1 (Fig. 5, A and B). These data support the fact that intestinal cell

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**Fig. 1.** Alcohol treatment induces increased Cytochrome P450 isofrom 2E1 (CYP2E1) protein in Caco-2 intestinal epithelial cells. Human Caco-2 intestinal epithelial cells were grown to confluence on tissue culture inserts in complete medium (controls) or complete medium containing alcohol (EtOH, 0.2%, 43 mM) as described in MATERIALS AND METHODS. At the designated time points over 240 min (4 h), cells were lysed, and CYP2E1 protein expression was assessed by Western blotting. Blots were then stripped and reprobed for actin expression to control for equal loading. A representative blot from 1 of 4 mice for each condition. Representative blot from tissue from control and alcohol-treated Caco-2 cells (0.2% for 240 min) and from control and alcohol-fed mouse colon tissue (i.e., Nanji alcohol diet for 8 wk) and was analyzed for CYP2E1 mRNA expression by qPCR. Both in vitro (Fig. 4A) and in vivo (Fig. 4B) data demonstrate a slight, but nonsignificant, increase in CYP2E1 mRNA expression (each increased 12%, \( P > 0.05 \)) in response to alcohol. These data support the fact that the increased CYP2E1 protein and functional activity is not the consequence of increased CYP2E1 transcription in our models.

**Fig. 2.** Chronic alcohol feeding induces increased intestinal Cyp2e1 protein in BL/6 mice. C57BL/6 mice were pair fed a complete liquid diet (detailed in MATERIALS AND METHODS) for 8 wk containing alcohol (EtOH BL/6; 4.5% vol/vol, 1 M) or control diet with calories matched with dextrose. Cyp2e1 protein expression was analyzed in proximal colon tissue by Western blotting tissue from \( N = 4 \) mice for each condition. Representative blot for tissue from 1 mouse for either control or alcohol-fed mice. Blot was stripped and reprobed for actin as a loading control. Histogram data depicts summarized data for all mice \( N = 4 \) for each condition. *\( P < 0.05 \) vs. control.

**Fig. 3.** Alcohol treatment induces increased CYP2E1 activity in Caco-2 intestinal epithelial cells. Caco-2 cells grown on Transwell inserts were treated with complete media containing alcohol (EtOH, 0.2%, 43 mM) or no alcohol (control) for 240 min (4 h), as described for Fig. 1. CYP2E1 activity was measured in Caco-2 cell microsome fractions by the spectrophotometric analysis at 546 nm of the oxidation of p-nitrophenol to p-nitrocatechol in the presence of NADPH and oxygen as described in MATERIALS AND METHODS. CYP2E1 activity data are expressed as the means of pmol/mg per minute of oxidized p-nitrophenol/mg protein per minute. Means \( \pm \) SE for \( N = 4 \) experiments. *\( P < 0.05 \) vs. control.
CYP2E1 is critical for alcohol-induced effects on intestinal permeability in this model.

**Intestinal CYP2E1 is required for alcohol-induced circadian clock gene expression that promotes intestinal hyperpermeability.**

The selection of *Clock* and *Per2* circadian clock genes was hypothesis driven and based on our previous studies (76). *Clock* protein is a circadian transcription factor known to bind to the promoter of *Per2* and drive *Per2* protein expression. Furthermore, *Per2* has been associated with the physiological response to alcohol in mice and humans (74, 75). We have recently shown that alcohol-induced expression of the circadian clock gene proteins *CLOCK* and *PER2* in Caco-2 cells is required for alcohol-induced intestinal permeability (76). We therefore sought to determine whether CYP2E1 stimulation by alcohol was involved in circadian regulation of alcohol-induced intestinal hyperpermeability. As depicted in Fig. 6, treatment of Caco-2 cells with control nontargeting siRNA alone had little effect on CYP2E1 protein and was set as 100% (*N* = 4 separate experiments summarized in histograms, blot is from a single representative experiment). Treatment with CYP2E1-specific siRNA alone had a measureable but not significant effect on *CLOCK* or *PER2* protein levels. However, treatment of cells with alcohol and with the control nontargeting siRNA resulted in increased *CLOCK* and *PER2* protein levels (*P* < 0.05 vs. control), an effect that correlated with increased permeability (Fig. 5) and is in agreement with our previously published results (76). In contrast, pretreatment of cells with siRNA specific for CYP2E1 (with CYP2E1 knockdown ≥70% for alcohol-treated cells, see Fig. 6) prevented the alcohol-induced increase in *CLOCK* or *PER2* proteins as well as the corresponding hyperpermeability (**P** < 0.05 vs. alcohol-treated control) (Fig. 6). These data demonstrate, for the first time, that CYP2E1 is critical for the alcohol-induced increase in intestinal cell *CLOCK* and *PER2* expression as described in MATERIALS AND METHODS.

![Graph A](image1.png)

**Fig. 4.** Alcohol-induced CYP2E1 mRNA expression in Caco-2 cells and mouse colon. *A:* alcohol-induced CYP2E1 mRNA expression in Caco-2 cells. Caco-2 cells grown on Transwell inserts were treated with alcohol (EtOH, 0.2%, 43 mM) or complete media alone (control) for 4 h as described in Fig. 1 were subjected to mRNA extraction and RT-PCR analysis for CYP2E1 expression as described in MATERIALS AND METHODS with expression normalized to β-actin expression using the ΔΔCT method and then expressed as percentage of control. Data are means ± SE for *N* = 4 experiments. *B:* chronic alcohol feeding induced Cyp2e1 mRNA expression in proximal colon tissue of BL/6 mice. BL/6 mice were pair fed a complete Nanji (fish oil) liquid diet as described in MATERIALS AND METHODS for 8 wk containing either alcohol (EtOH, 4.5% vol/vol, 1 M) or control diet with calories matched with dextrose. Colon tissue stored in RNAlater at −80°C was then analyzed for Cyp2e1 expression by qPCR vs. β-Actin as described above for Caco-2 cells. ΔΔCT data relative to β-actin were then expressed as percentage of control for *N* = 4 mice as means ± SE.

![Graph B](image2.png)

**Fig. 5.** siRNA inhibition of CYP2E1 expression prevents alcohol-induced intestinal permeability increase in Caco-2 lines. A: data are TER means (of triplicate wells) ± SE (Ω cm²) for *N* = 4 experiments. Cells measured for TER were lysed on membranes at the conclusion of each experiment to provide lysates for the Western blotting analysis shown in Fig. 6. **P** < 0.05 vs. control siRNA alone; + *P* < 0.05 vs. CYP2E1 siRNA + EtOH.
and PER2 proteins. To test this, we preincubated Caco-2 cells with NAC (10 mM), a well-established inhibitor of alcohol-Cyp2e1-mediated oxidative stress in liver cells in vitro (88) and in mice (8, 91). As seen in Fig. 8, treatment of Caco-2 cells with alcohol stimulated increased levels of CLOCK by 173% \((P < 0.001)\) and PER2 of 64% \((P < 0.026)\), consistent with our published data (76); pretreatment with the antioxidant NAC significantly inhibited alcohol induction of CLOCK protein by 68% \((P < 0.001)\) and inhibited alcohol-induced PER2 protein levels by 44% \((P < .019)\) \((N = 6\) experiments). These data thus directly support further a role for alcohol-induced oxidative stress in upregulating protein levels of CLOCK and PER2. NAC has also been shown to inhibit alcohol-Cyp2e1-induced peroxynitrite and nitrotyrosine formation, as we have shown in Fig. 7 above (8). As further proof of this principle, we stimulated Caco-2 cells directly with one type of oxidative stress, \(\text{H}_2\text{O}_2\) (0.5 mM) \(\pm\) NAC (10 mM) and measured the changes in \(\text{H}_2\text{O}_2\)-mediated oxidative stress stimulation resulted in a significant increase in Caco-2 intestinal cell CLOCK protein (93%; \(P < 0.014\)) as well as increased PER2 protein (120%; \(P < 0.011\)). Preincubation with NAC inhibited \(\text{H}_2\text{O}_2\) stimulation of CLOCK protein by 41% \((P < 0.048)\) and inhibited PER2 protein levels by 35% \((P < 0.034)\). Thus, when taken together, our data strongly support a model in which oxidative stress resulting from alcohol metabolism by CYP2E1 results in stimulation of in-

circadian clock proteins and for alcohol-induced increased intestinal hyperpermeability. Thus the increases in CLOCK and PER2 proteins we have previously shown required for alcohol-induced intestinal permeability are dependent on alcohol stimulation of CYP2E1 in intestinal epithelial cells.

**Role of alcohol-CYP2E1-induced oxidative stress in stimulation of CLOCK and PER2 proteins.** Finally, we wished to investigate whether oxidative stress resulting from CYP2E1-mediated metabolism of alcohol could be stimulating increased expression of redox-sensitive CLOCK and PER2 proteins by alcohol. Recent studies in mice have shown in liver that oxidative stress induced by alcohol requires Cyp2e1 for production of 3-nitrotyrosine (3NT), a marker for oxidative stress (89). To examine this possibility, we used slot-blotting of total cellular proteins to test for 3NT production in the same siRNA-treated lysates tested in Fig. 6 for expression of CLOCK and PER2 and CYP2E1. As seen in Fig. 7, siRNA inhibition of CYP2E1 expression significantly reduced alcohol-induced production of 3NT by 85% \((N = 6; \ P < 0.05)\). These data strongly support a role for CYP2E1 in alcohol-induced oxidative stress in this Caco-2 model of intestinal permeability.

We next sought to determine whether oxidative stress resulting from CYP2E1 metabolism of alcohol was directly responsible for the observed increase in the circadian CLOCK and PER2 proteins. To test this, we preincubated Caco-2 cells with NAC (10 mM), a well-established inhibitor of alcohol-Cyp2e1-mediated oxidative stress in liver cells in vitro (88) and in mice (8, 91). As seen in Fig. 8, treatment of Caco-2 cells with alcohol stimulated increased levels of CLOCK by 173% \((P < 0.001)\) and PER2 of 64% \((P < 0.026)\), consistent with our published data (76); pretreatment with the antioxidant NAC significantly inhibited alcohol induction of CLOCK protein by 68% \((P < 0.001)\) and inhibited alcohol-induced PER2 protein levels by 44% \((P < .019)\) \((N = 6\) experiments). These data thus directly support further a role for alcohol-induced oxidative stress in upregulating protein levels of CLOCK and PER2. NAC has also been shown to inhibit alcohol-Cyp2e1-induced peroxynitrite and nitrotyrosine formation, as we have shown in Fig. 7 above (8). As further proof of this principle, we stimulated Caco-2 cells directly with one type of oxidative stress, \(\text{H}_2\text{O}_2\) (0.5 mM) \(\pm\) NAC (10 mM) and measured the changes in \(\text{H}_2\text{O}_2\)-mediated oxidative stress stimulation resulted in a significant increase in Caco-2 intestinal cell CLOCK protein (93%; \(P < 0.014\)) as well as increased PER2 protein (120%; \(P < 0.011\)). Preincubation with NAC inhibited \(\text{H}_2\text{O}_2\) stimulation of CLOCK protein by 41% \((P < 0.048)\) and inhibited PER2 protein levels by 35% \((P < 0.034)\). Thus, when taken together, our data strongly support a model in which oxidative stress resulting from alcohol metabolism by CYP2E1 results in stimulation of in-
increased CLOCK and PER2 circadian clock proteins that in turn mediate increased intestinal hyperpermeability.

**DISCUSSION**

Several previous studies have shown that alcohol can disrupt circadian rhythms at the behavioral level (63, 64, 68) as well as at the level of gene transcription in the suprachiasmatic nuclei of the brain (9, 75), the central clock. However, the mechanisms for these effects are not established. In addition, a growing number of studies has suggested a connection between oxidative stress and circadian rhythms (65, 87). One recent review states that the circadian system probably evolved in response to the “Great Oxidation Event” in response to oxidative stress 2.5 billion years ago (35). Furthermore, alcohol is widely acknowledged to exert many of its tissue-damaging effects through oxidative stress-related mechanisms (36, 83). Indeed, we have now for the first time linked alcohol-mediated oxidative stress and disruption of circadian rhythms together and shown that oxidative stress from CYP2E1 metabolism of alcohol is associated with upregulation of circadian clock proteins and disruption of intestinal barrier function induced by alcohol.

We are reporting several novel findings in this study that provide significant new information toward understanding of mechanisms by which alcohol induces intestinal hyperpermeability. First, we show for the first time that alcohol induces increased CYP2E1 protein and activity in human intestinal epithelial cells (Caco-2) in vitro (Figs. 1 and 3). A very recent study showed that chronic alcohol use induced CYP2E1 protein in the colons of human subjects (69). Our results are also in agreement with data showing that CYP2E1 is expressed in a human colon cancer cell line (LS174T), is found in nonalcoholic human colon tissue (3, 86), and is induced in the colonic mucosa of alcoholics (69). Second, we demonstrate that Cyp2e1 is present in intestinal tissue of the mouse colon in vivo (C57BL/6 mice; Fig. 2) and that intestinal Cyp2e1 protein levels are induced in the colonic mucosa of mice after 8 wk of daily consumption of alcohol containing Nanji diet when they...
also had increased intestinal permeability (14). Our data confirmed prior studies that alcohol intake induced intestinal Cyp2e1 protein in mice and rats with other alcohol diets (17, 61). However, those prior studies did not assess intestinal permeability after alcohol consumption. We did not find any significant alcohol-induced changes in mRNA in either intestinal Caco-2 cell CYP2E1 mRNA levels or in intestinal tissue of alcohol-fed mice. Our finding is similar to studies that reported none or only minor alcohol-induced changes in CYP2E1 mRNA in human liver cells (62) or intestine in mice (61). In the liver, alcohol inhibits degradation of CYP2E1, resulting in increased protein levels (62). Although not tested in the present study, a similar posttranslational mechanism would be expected to be responsible for the observed alcohol-induced increases in intestinal CYP2E1 levels we show in vitro and in vivo.

Third, we found that alcohol-induced intestinal hyperpermeability in Caco-2 cells requires CYP2E1 (Fig. 5), implicating CYP2E1-mediated alcohol metabolism in this mechanism. This interpretation is compatible with several prior studies demonstrating deleterious effects of CYP2E1-mediated alcohol metabolism and oxidative stress on other organs such as the liver and brain (31, 73, 77, 83). One major tissue effect of CYP2E1-mediated alcohol metabolism is the production of oxidative stress (Fig. 7) (ROS/RNS) (32, 36, 73). Our laboratory and others have shown that oxidative damage and oxidative regulation of tight junction proteins are key mechanisms by which alcohol disrupts intestinal epithelial barrier function (1, 2, 14). Thus it is possible that CYP2E1 metabolism of alcohol in intestinal epithelial cells in the colon, and the resulting production of oxidative stress, may be a mechanism by which CYP2E1 mediates hyperpermeability. Indeed, free radical production would be augmented as a consequence of CYP2E1-induction by alcohol, which would be expected to overwhelm cellular antioxidant protective mechanisms (36).

Fourth, we report that siRNA knockdown of CYP2E1 expression, not only prevented alcohol-induced monolayer hyperpermeability (Fig. 5), it also prevented the alcohol-induced increase in two key circadian clock proteins CLOCK and PER2 within Caco-2 intestinal epithelial cells (Fig. 6). This outcome supports our recent study showing in the in vitro Caco-2 model CLOCK and PER2 proteins were found to be required for alcohol-induced hyperpermeability (76). Our data support a model in which oxidative stress resulting from alcohol metabolism by CYP2E1 drives the increased circadian protein expression required for alcohol-induced intestinal hyperpermeability. To further support this model, we show that the antioxidant NAC (known to prevent CYP2E1-alcohol-mediated oxidative stress) (89) significantly inhibited alcohol-induced increases of CLOCK and PER2 proteins (Fig. 8). Finally, we also show that another exogenous source of oxidative stress, H2O2, also stimulates increased levels of CLOCK and PER2 proteins that can be significantly inhibited by NAC pretreatment (Fig. 9). Stimulation with H2O2 has also been shown to increase Per2 mRNA levels in zebrafish cells that were inhibitable with the antioxidant catalase (21). In those and other studies, the authors show that the circadian clock in zebrafish can be entrained by oxidative stress stimuli though a MAPK-dependent pathway (21, 22). Their data thus strongly support our model for similar circadian clock effects from alcohol-induced oxidative stress. In Fig. 10, we summarize these in vitro studies and propose a working model for

![Fig. 9. Stimulation of Caco-2 intestinal cells with H2O2 results in increased expression of CLOCK and PER2 circadian proteins. Caco-2 human intestinal cells were grown to confluence on Transwell inserts and stimulated with H2O2 (0.0017%, 0.5 mM) for 2 h. Cell lysates were then used to measure CLOCK and PER2 protein expression with Western blotting (30 μg protein/lane). Blots were stripped and reprobed with antibody to β-actin to validate equal lane loading. Blots shown are representative of N = 6 experiments (all from 1 experiment), and histogram data are means ± SE for summarized data from all N = 6 experiments. *P < 0.05 vs. control; +P < 0.05 vs. 0.5 mM H2O2 alone.](http://ajpgi.physiology.org/)

AJP-Gastrointest Liver Physiol • doi:10.1152/ajpgi.00354.2012 • www.ajpgi.org
the alcohol-induced effect and how these circadian proteins modulate intestinal permeability.

Our data therefore support the hypothesis that CYP2E1-mediated alcohol metabolism and oxidative stress effects on circadian clock protein function are regulating intestinal hyperpermeability. This should not be a surprise because it is well established that 3–20% of the genome in each organ is directly established that 3–20% of the genome in each organ is directly controlled by circadian genes (6, 27, 48), and several tight junction proteins that are responsible for the regulation of epithelial barrier function in kidney such as E-cadherin and claudins are targets of circadian genes (90). Significantly, circadian genes including Per genes have recently been shown to regulate other gastrointestinal functions such as intestinal motility (23–27). Thus, alcohol-CYP2E1 oxidative stress modulation of circadian clock gene-controlled downstream genes regulating intestinal permeability may mediate the increase in intestinal permeability by alcohol. Further in vivo studies with whole animal or intestinal-specific Cyp2e1 knockout mice will be needed to establish this model in vivo. Further studies are also needed to identify candidate cell junctional proteins that may be circadian targets and thus directly involved in circadian clock gene-mediated alcohol-induced gut leakiness.

Taken together, these data support a model in which alcohol-induced induction of intestinal epithelial cell CYP2E1 increases CLOCK and PER2 circadian clock protein levels through an oxidative stress-mediated mechanism, which in turn stimulates alcohol-induced intestinal hyperpermeability. These studies have identified a new circadian gene-related mechanism by which alcohol metabolism affects intestinal hyperpermeability. Our studies have identified potential new therapeutic targets to prevent alcohol-induced hyperpermeability, consequent endotoxemia, and subsequent deleterious effects like liver injury and other alcohol-associated inflammatory pathologies.

**GRANTS**

This research was supported in part by grant AA020216 (A. Keshavarzian, F. Turek, C. Forsyth, and R. Voigt) and a gift from Mr. and Mrs. Larry Field and Mr. and Mrs. Silas Keehn (A. Keshavarzian).

**DISCLOSURES**

No conflicts of interest, financial or otherwise, are declared by the authors.
AUTHOR CONTRIBUTIONS


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